

Our Lady's Catholic High School



Newsletter No. 30

12th May 2023



Prayer Theme Next Week: The Ascension of the Lord (Luke 24:46-53)



In this Sunday's Gospel, Jesus and his disciples are gathered on a mountain. He tells them that they have a job to do. They learned so much from Jesus while he was with them, and now it is time for them to tell others what they have learned. Like the disciples, we have the gift of faith and we need to share it with others. We can do this by telling others about Jesus and by living the way that Jesus wants us to live.

Dear Lord

Make us joyful in the Ascension of your Son Jesus Christ. May we follow him into the new creation, for his Ascension is our glory and our hope.

Amen.

BOOO Virtues

Congratulations

Year 7: Lily Blackhurst
Compassionate and caring

Year 8: Girls' Football Team
Attentive and discerning

Year 9: Rebecca Brown
Attentive and discerning

Year 10: Maisie Batty
Discerning and active

Year 11: All pupils
Attentive and discerning



Year 11 Leavers

Today is a celebration of our Year 11 pupils' journey at Our Lady's Catholic High School. As per tradition, Year 11 pupils have the opportunity to wear red ribbons in their hair to mark the occasion.

We wish all our Year 11 pupils the very best of luck in their exams, starting on Monday. Pupils should continue to attend their lessons leading up to each exam.



Being One of Ours



Duke of Edinburgh Bronze Practice

Over the last two weeks, pupils have been learning a variety of skills in preparation for their upcoming Duke of Edinburgh expedition in June.

Pupils worked in pairs to erect and pitch their tents on the school field. In the classroom, staff supported pupils in their preparations for the navigation element of the award: using a compass; reading Ordnance Survey maps and understanding features, symbols and grid references.



Year 7: Chocotastic Challenge

Well done to all the Year 7 pupils who have been taking part in the Chocotastic Challenge in their Design and Technology lessons over the past month. Pupils have worked together in teams of three to develop a healthy, chocolate product. They have also designed packaging, a mascot, promotional posters and leaflets.

Each group carried out a superb visual and oral presentation to their class.

All pupils were able to vote to decide a winning team from each Design and Technology class.



Football News



Under 16 Boys: Lucas Shield - Winners

The Year 11 football team were crowned Lucas Shield winners in the Preston Schools' Football Association: Under 16 Cup Final at Deepdale on Wednesday, 10th May. After narrowly losing out in the Year 10 final, this team came back even stronger. They held their nerve in a penalty shootout to win 4-3 on penalties following a 2-2 tie at full time.

This would be the final time the team would play together and many have been part of the team for the full 5 year term at Our Lady's so it was fitting that they play their last game, the Cup Final, at Deepdale Stadium.

The final score came down to a penalty shoot out. Corpus Christi made three successful penalties from their five spot kicks. After Isaac, Charlie and Toby had scored for Our Lady's, it was down to Harry to win it. With confidence, he struck the ball hard and low into the bottom left corner to send the team into celebration.

The full match report will be published on our school website in the next few days:



www.olchs.lancs.sch.uk

Under 12 Girls: The Melissa Smith Shield - Runners Up

On Tuesday, the Year 7 girls' team travelled to Deepdale for the infamous school's Finals.

The girls faced Corpus Christi in the final and knew it would be a tough game. The excitement leading up to the game has been immense. When the team entered the ground, all the girls were in awe of the sheer size of the stadium and desperate to be in the "home" changing rooms, which we were.

The atmosphere was electric and the girls were so ready to get playing. The play was steady for the first ten or so mins and with a blow of the whistle Corpus were awarded a penalty. It was a cracking strike and went straight in. We knuckled down, made a few changes and started to challenge the keeper a little more. This paid off and we managed to secure a goal back. At half time it was 1-1.

The second half was full of wonderful play by both teams with the ball being driven end to end. With 6 mins to go, Corpus hit the crossbar and the ball gently went over the line as it dropped, meaning it was now 2-1 to Corpus. Corpus defended hard and were able to hold a win to the end.



A huge congratulations to all players.
Mrs Lin is so proud of you all.

Football News

Under 14 Girls: The Dixon Cup - Joint Winners

On Tuesday, Under 14 girls travelled to Deepdale for the eagerly awaited final with Broughton. The teams have met frequently in the past and Broughton have always come out on top. The girls from both teams know each other well. They play together outside of school. The goal keepers from both teams play for the Lancashire Under 14s, which is just amazing for the Preston District. With this in mind, we knew it would be tough to score goals against either team.

The girls were excited but determined. We talked endlessly about formations, opposition and how to attack. We just needed to transfer it to the pitch.

The game started quietly with both teams saying very little and obviously aiming for that "early goal". Both teams had a number of goals on target but not converted.

At half time it was 0-0 and all to play for. With a heavy tackle against Holly Wilson in the second half and a shift in positions, OLCCHS once again tried to push and score. It simply wasn't to be. Broughton scored a goal, which was off side and the minutes trickled away. Final score 0-0.

The girls played some fantastic football and created chances and held Broughton to a 0-0 final score which definitely progress. Maybe next year?.....



Under 14 Lancashire Premier Division Winners

Three Our Lady's pupils (Lee Reed, Harrison Collins and McKenzie Gavin) have recently won the Junior Under 14's, Lancashire Premier Division League title with a great 2-0 win against Leyland Albion. They will be crowned champions on the 10th June 2023 at UCLan.

We wish them all the very best in their League Cup Final this weekend in the hope of achieving a double title.

Lancashire Rugby Finals Winners

Congratulations to Finn on winning the Lancashire finals with his Grasshoppers' rugby team.



Information

Dates for your Diary



- Wednesday, 17th May - Year 7 Cake Sale
- Monday, 22nd May - Year 10 Work Skills trip
- Friday, 26th May - School closes for half term holidays

Half Term

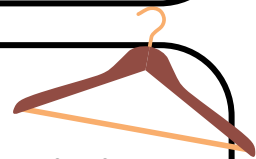
- Friday, 9th June - Duke of Edinburgh Bronze practice expedition
- Thursday, 15th June - Sports' Day
- Tuesday, 27th June - Prefects' Ball
- Wednesday, 28th June - Shrek the Musical school production
- Thursday, 29th June - Shrek the Musical school production
- Thursday, 29th June - Year 6 Parents' Talk
- Friday, 30th Jun - Shrek the Musical school production
- Tuesday, 11th July - Sports' Presentation Evening
- Friday, 14th July - Rewards trip
- Friday, 21st July - School closes for the summer at 12:45pm

Children and Criminal Exploitation

Please find below a link to the Children's Society Guide for parents concerned about their child and criminal exploitation.

<https://www.childrensociety.org.uk/sites/default/files/2020-09/Guide-for-parents-worried-about-child-being-criminally-exploited.pdf>

Uniform Donation



If anyone has any good quality uniform that they no longer require, we would be very grateful for any donations. We are particularly short of girl's school trousers. We thank you for your kind donations.

Year 7 Cake Sale: 17th May

Year 7 will be holding a cake sale for pupils during the school day on Wednesday, 17th May. The cake sale aims to raise money for the Salvation Army.

Please can Year 7 pupils make or send in cakes for the sale if possible, to help with our fundraising efforts.



Information

Workshops for Parents:



Course Outline

Course: Together Workshop For Parents: You and Your Young Person

Duration: 2.5 Hour session

Format: Virtual or Face to Face closed courses. Open access virtual evening delivery is running regularly throughout the year.

Course Description:

This workshop is aimed at supporting parents/supporters of children who struggle with their mental health. The workshop promotes understanding by sharing and learning with other members of the workshop. Providing tips and techniques in supporting family wellbeing when your young person is struggling.

Course Content

- Facilitated by an experienced mental health trainer.
- Audio visual training resources.
- Information and resources to support children and young people.
- Lancashire Mind Wellbeing Passports for children and young people.
- Lancashire digital wellbeing pack for Parents and young people.

Learning Outcomes:

Alongside other parents and carers, attendees will explore:

- Myths and facts surrounding mental health.
- Common signs and symptoms.
- Dealing with Challenges.
- Communication and reflection.
- Where to get Support
- Self care and family wellbeing.

Course Outline

Course: Together Workshop For Parents: Understanding Self Injury Together

Duration: 2 Hours

Format: Virtual or Face to Face closed courses. Open access virtual evening delivery is running regularly throughout the year.

Course Description:

This Together Workshop is aimed at supporting parents/supporters of children who struggle with self-injury behavior. The workshop was co-produced with CYP professionals and parents; and aims to support parents and carers whose children or young people self-injure. The workshop validates the lived experiences of parents and carers and supports them in managing self injury behavior of a child or young person by destigmatizing the behaviour and promoting awareness of practical strategies.

Course Content

- Facilitated by experienced mental health trainer.
- Audio visual learning aids.
- Access to a Self Harm Safe Kit which will include physical kits and resources (whilst available) or downloadable alternatives for them to access and use freely.

Learning Outcomes:

Alongside other parents and carers, attendees will:

- Have a better understanding of the stigma around self-harm.
- Have a better understanding of how to promote effective communication around self injury behaviour.
- Have confidence in responding to their child/young person's emotional aftercare following self-injury.
- Have a better understanding of strategies to support their child or young person

To book your workshop contact training@lancashiremind.org.uk

The City of Preston Annual

Corpus Christi Procession



at St Walburges' Shrine Church

Sunday 11th June 2023 at 2.00pm

All Parishioners and Parish groups, Schools, Colleges, Choirs, Uniformed organisations, Readers, Religious, Clergy, Catholic Organisations, Families, Children and especially, First Holy Communicants, are all invited to take part, on this special and important Feast Day, in this public act of Witness of our Faith.



University of
Central Lancashire
UCLan

Lancashire Science Festival 2023

Inspire the next generation of
scientists, engineers and
mathematicians



The popular UCLan Science Festival takes place again on Saturday 20th May between 9am and 4pm. For more information about this event and to book your festival pass, please use the link below:

www.uclan.ac.uk/lancashire-science-festival/public-day

Being One of Ours

Information



“Join us for an adventure of a lifetime with 5th Preston Scout Group!”

Our Beavers, Cubs, and Scouts programs offer exciting opportunities to explore the outdoors, make new friends, and learn new skills.
5thPreston.org.uk



Mondays
Beaver Scouts (ages 6-8)

Tuesdays
Indiana Explorer Unit (ages 14-18)

Thursdays
Scouts (ages 10½ -14)

Fridays
Cub Scouts (ages 8-10½)

All sections meet at The Douglas Hall on Douglas Road in Preston PR2 3AR. For exact meeting times, please contact us at enquiries@5thpreston.org.uk



Aspiring Clubs for year 10, 11 and 12

2023/24

Our Aspiring Clubs are aimed at giving you a taste of life as an apprentice. Whether you are an Aspiring Engineer or interested in becoming an Optician, we have lots of options available.

Aspiring Engineers

A 6 week course delivered in engineering workshops on a Saturday morning covering:

- Milling
- Turning
- Fitting
- Sheetmetal / welding
- Computer Aided Design (CAD)
- CNC machining

When:

Date TBC - please register your interest on the website and we'll let you know as soon as the next Aspiring Club is confirmed

Cost:

There is a small cost to cover materials which is £20

Aspiring Automotive Technicians

A 6 week course delivered in automotive workshop on a Saturday morning covering:

- Paint spraying cars
- Body repair
- Car and HGV engines
- Carrying our simple car checks

When:

Date TBC - please register your interest on the website and we'll let you know as soon as the next Aspiring Club is confirmed

Cost:

There is a small cost to cover materials which is £20

www.training2000.co.uk/aspiring-clubs



Aspiring Accountants

A 3 hour taster session covering:

- Current apprentices as guest speakers
- Balance sheet activity
- Double entry bookkeeping activity
- Accounting board game
- Accountancy in the working environment
- Accounting card games

When:

Mon 3rd July 2023 | 9.30am - 12.30pm
Mon 12th February 2024 | 9.30am - 12.30pm

Aspiring Business Professionals

A 3 hour taster session looking at:

- Decision making
- Prioritising
- Project planning
- Communication in the workplace

When:

Mon 3rd July 2023 | 1pm - 4.30pm
Mon 12th February 2024 | 1pm - 4.30pm

Aspiring Dental Nurses

A 3 hour taster session introducing you to:

- The role of a Dental Nurse
- Surgery tour looking at equipment and instruments
- Mixing alginate impression material
- Discuss oral hygiene and diet
- Current apprentices as guest speakers

When:

Mon 17th July 2023 | 9.30am - 12.30pm
Mon 11th March 2024 | 9.30am - 12.30pm

Aspiring Optical and Healthcare Professionals

A 3 hour taster session looking at:

- Eye conditions
- Demonstration of magnifiers
- Different prescriptions and trial frames
- First aid and CPR
- Bandaging activity
- Recovery position activity

When:

Monday 17th July 2023 | 1 - 4pm
Monday 11th March 2024 | 1 - 4pm

Interested?

For more information and to book visit our website or email info@t2000.co.uk.
www.training2000.co.uk/aspiring-clubs



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Being One of Ours



ARE YOU IN YEAR 9, 10, 11 OR 12 AND INTERESTED IN DESIGN, ARCHITECTURE AND PLACES?



JOIN PLACED ACADEMY

our **FREE** award-winning creative programme

You'll meet professionals in the industry, learn about careers, take on creative design challenges, develop skills, enhance your CV, and make new friends.

WHEN: July 2023 – April 2024

JULY 2023

4 DAY SUMMER SCHOOL:

Monday 24th -
Thursday 27th July

SEPTEMBER - APRIL

MONTHLY CREATIVE
DESIGN DAYS:

One Saturday a month

MONTHLY SKILLS
WORKSHOPS:

One evening a month

JULY 2024

GRADUATION!

- Participate in creative projects, develop design, communication, problem-solving & teamworking skills.
- Grow in confidence and shape future decisions about where you live.
- Enhance your CV and applications for higher education and work.
- Learn about careers in the built environment, from architecture to urban design and construction.
- Take part in professional development activities & mentoring with industry professionals.

APPLY ONLINE



APPLICATIONS ARE NOW OPEN AND WILL
CLOSE ON FRIDAY 16TH JUNE

The PLACED Academy is open to everyone in year 9, 10, 11 and 12, and we welcome people of all abilities and backgrounds.

Supported by our Partner Liverpool City Region Combined Authority & funded by companies from across the built environment sector.

Careers

Current Vacancies Our Ladys' Catholic High School



- Teacher of History - Closing date: Monday, 15th May
- Pastoral Support Mentor (26.67 hours/week) - Closing date: Monday, 22nd May
- Senior Science Technician (27.5 hours/week) - Closing date: Monday, 5th June

For the full details, please take a look at the school website and download an application form. The deadline for all applications is 12 noon on the dates shown above:

www.olchs.lancs.sch.uk/school/information/vacancies

Training 2000: Vacancies - May 2023



Accountancy:

Accountancy Apprenticeship

Gow and Partners Ltd.

Blackburn

Vacancy ref: 00000485

Weekly wage: £198.00

Business Administration

Business Admin Apprentice

Fylde Office Service Bureau Ltd.

St. Annes

Vacancy ref: 00000524

Weekly wage: £195.36

Automotive:

Vehicle Refinishing Paint Apprentice:

BK Bodyworks Ltd.

Rawtenstall

Vacancy ref: 00000589

Weekly wage: £211.20

Business Administration

Business Administrator Apprentice - Freight

Cargo Movers Ltd.,

Samlesbury

Vacancy ref: 00000319

Weekly wage: £198.00

Business Administration:

Business Administrator Apprentice

School Synergy Ltd.

Preston

Vacancy ref: 00000531

Weekly wage: £250.00

Business Administration

Apprenticeship Business Administrator

Earful Ltd.

Bolton

Vacancy ref: 00000571

Weekly wage: £198.00

Being One of Ours

Careers

Training 2000: Vacancies - May 2023



Business Administration - Accounts

Business Administrator Apprentice

Go Electrical Wholesale (Blackpool) Ltd.

Blackpool

Vacancy ref: 00000567

Weekly wage: £198.00

Dental Nursing

Apprentice Dental Nurse

Camden Place Dental Implant Centre Ltd.

Preston

Vacancy ref: 00000593

Weekly wage: £273.00

Business Administration

Business Administrator Apprentice:

Estate & Letting Agent

Harbour Properties

Preston

Vacancy ref: 00000246

Weekly wage: £174.24

Engineering

Multi-skilled Maintenance Apprentice

Freudenberg Sealing Technologies Ltd.

Blackburn

Vacancy ref: 00000510

Weekly wage: £198.00

Business Administration

Sales Assistant Apprenticeship

Go Electrical Wholesale (Blackpool) Ltd.

Blackpool

Vacancy ref: 00000596

Weekly wage: £198.00

Engineering

Toolmaker and Tool & Die Technician Apprentice

Presspart Manufacturing Ltd.

Blackburn

Vacancy ref: 00000516

Weekly wage: £213.20

Dental Nursing

Apprentice Dental Nurse

St. Anne's Private Dental Practice

Lytham St. Annes

Vacancy ref: 00000545

Weekly wage: £198.00

Engineering

CNC Machining Apprentice

Presspart Manufacturing Ltd.

Blackburn

Vacancy ref: 00000604

Weekly wage: £213.20

For more information on any of the roles above and to keep up to date with new opportunities please use the link below:

www.training2000.co.uk/apprenticeships/vacancies

Applications should be made through the website.

Being One of Ours