

Our Lady's Catholic High School

Friday, 18 November 2022

Newsletter No 10



The theme for next week is Christ the King (Luke 23: 35 – 43)

Mary arose and went in haste. (Luke 1:39)

The Feast of Christ the King is shared every year with Youth Sunday and dedicated to our young people. Pope Francis encourages the young to 'Rise Up'. This is reflected in Luke's Gospel, when Mary 'arose and went with haste' to tell her cousin, Elizabeth that she was going to have God's Son. Let us encourage our young people, because, as Pope Francis points out, in order to make a better world, we need their strength, their enthusiasm and their passion.

Loving God,

Let us rise up and share the Good news that Christ is alive.

Let us overflow with love and joy so that we may bring hope to all we meet.

Amen

BOOO VIRTUES PUPILS

Below are some of our pupils who have shown outstanding commitment to the BOOO Virtues this week and have been chosen by their Learning Manager for recognition.

Year	Name	Form	Reason
Year 7	Heidi Quinn	7L	For being attentive and prophetic in lessons.
Year 8	Sam Gover	8R	For very thoughtful and articulate responses during PSHE day.
Year 9	Nicola Zamorowska	9A	For being kind and compassionate to her peers.
Year 10	Gabryiela Szymanowska	10O	For excellent commitment to school life, and her determined focus towards her studies.
Year 11	Isaac Dickinson	11L	For a sterling performance and maturity in a rugby match attentive and discerning.

PERSONAL DEVELOPMENT DAY 1

On Wednesday pupils came off timetable for the day in the first of three personal development days. These days give pupils the opportunity to develop their understanding in wider world issues and also enhance their personal skills. Each year group had a different theme tailored to their age.

- Year 7 PSHE Topics: 1. Being Healthy
 - Diet, balanced diets, pregnancy, growing up, characteristics of mental health
- Year 8 PSHE Topics: 1. Faith and Justice
 - Volunteering, Stewardship, Cafod, Prayer, Equality
- Year 9 PSHE Topics: 1. Mental Wellbeing
 - Wellbeing, mindfulness, coping strategies, social media, signs and where to find help
- Year 10 PSHE Topics: 1. Healthy Relationships
 - Healthy relationships, consent, drugs/alcohol , RSE, family
- Year 11 PSHE Topics: 1. Achieving Future Success:
 - Choices, Post 16, jobs, personal statements, finance, citizenship

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SPEED NETWORKING

Recently the Year 11 pupils had their own version of speed dating but focusing on careers instead! Each Year 11 pupil was given just four minutes to interview and interrogate one of over twenty employers who specialised in a range of different careers. They were able to gain valuable careers pathway information on areas ranging from the Armed Forces to construction, and from physiotherapy to Law. The pupils interviewed our guests exceptionally politely and a great time was had by all. Well done Year 11!

U14 GIRLS' FOOTBALL

The U14 girls hosted Kirby Kendal on Thursday, 17 November in the 5th round of the English Schools' Cup. It was a tightly contested match with both teams having fantastic defence and strong midfield players. The final score was 1-0 to Our Lady's goal scorer Gracie Burns. We go again against Trinity from Carlisle in a week's time. Player of the match goes to Heidi Clark for her patience, defence tactics and peer support on the pitch.

NETBALL NEWS

The Year 7 A and B netball teams had a home fixture against Archbishop Temple on Monday, 14 November after school. The A team started well and dominated play in the first half. Our Lady's were quick to close in on Archbishop Temple coming down court and consequently, got lots of interceptions. Unfortunately, we struggled with our last pass into the circle and lost possession a few times. The game was 2-1 to us at half time. The second half was much higher scoring with both sides converting lots of their shots on goal. Unfortunately for us, Archbishop had a few more chances and the score finished 9-6 to our opponents. Player of the match went to Jemma McMaster, who put in a very strong performance at centre.

The Year 7B team also had a closely contested game that was end to end. Archbishop Temple had a one goal lead at the start of the second half with Our Lady's yet to score. However, we kept our composure under pressure and Poppy Simpson scored two goals in quick succession to give us the one goal advantage. Despite Archbishop's best attempts, we managed to hold on to our lead thanks to our excellent marking and defending. The game finished 2-1 to Our Lady's with player of the match being awarded to Francesca Johnrose, who made some excellent interceptions at critical points in the game.

The Year 7A team were away to Longridge on Wednesday, 16 November. The girls had a slow start with Longridge dominating the play in the first half. We only had a few chances at scoring a goal and we did not capitalise on this. However, after a team talk at half time, Our Lady's played much more positively. Annalise Kelly and Zuzanna Rapa got some key interceptions in defence. Jemma McMaster, Dottie Alty and Ava Moffat were much quicker centre court to get the ball to our shooters. Romy Lawrenson and Mia Jackson worked well in the shooting circle, and we got three quick goals. With just over a minute until the final whistle, we were just one goal down. We had most of the possession in the second half but just ran out of time and the game was won by Longridge 4-3. However, the team played really well and gave 100 per cent until the final whistle.

On Thursday, 17 November the Year 10 A team had a netball fixture away at Archbishop Temple. Both teams were finding it difficult playing outside in the rain. However, Archbishop adjusted to the conditions quicker than us and had gained a five-goal lead by half time. In the second half we fought hard and managed to close down our players quicker to put pressure on Archbishop. As a result, the game was more end to end, with Our Lady's having more of the possession. Lillie Heath and Katy Brown made some key interceptions and Lucy Beesley got free well in our attacking third to feed the ball into the circle. Eva Nugent and Lucy Mulholland were more confident shooting and we got two quick goals. However, Archbishop managed to score another three and won the game 8-2. Player of the match went to Lillie Heath for her strong presence on court to attack and defend.

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ONLINE GAMING – PARENTAL INFORMATION

With the dark evening drawing in, your child maybe spending more time on gaming consoles. Please see the link below which offers guidance to parents on gaming content and in game chat features. We hope you find the content informative.

<https://www.childnet.com/help-and-advice/gaming/>



[Gaming | Childnet](https://www.childnet.com/help-and-advice/gaming/)

Online gaming is hugely popular with children and young people. Research conducted by OFCOM shows that gaming is still one of the top activities enjoyed by 5-16 year olds online, with many of them gaming via mobile devices and going online using their games console. www.childnet.com

EXCITING OPPORTUNITY – TRAIN TO TEACH LOCALLY

Recruiting now

Teacher Training courses starting September 2023

The Catholic Teaching Alliance, based at Our Lady's Catholic High School, is accepting applications for our 1 year PGCE with QTS (qualified teacher status) teacher training courses beginning next September. Minimum requirements are GCSEs in Maths and English (and Science for primary training), plus an honours degree, class 2:2 or above.

Teacher training (PGCE with QTS) is available in all phases:

- Early Primary (3-7 years, in Preston or Burnley)
- General Primary (5-11 years, in Preston or Burnley)
- Secondary (11-16 years, in Preston or Blackburn)
- Secondary with post 16 (14-19 years, in Preston)

Please contact us for further information, or to book onto one of our online information sessions, call 01772

326931 or email ctaschooldirect@olchs.lancs.sch.uk

Website: <https://www.catholic-teaching-alliance.org/>



Dates to remember

Wednesday, 7 December – Christmas lunch

Friday, 16 December – school closes for Christmas – school closes at 12.45 pm

Wednesday, 4 January – school opens

Thursday, 12 January – Year 11 Parents' Evening 2

Thursday, 26 January – Year 10 Parents' Evening

Thursday, 2 February – Year 8 Parents' Evening

Thursday, 9 February - Paris Trip

Thursday, 23 February – Year 9 Parents' Evening

Thursday, 23 March – Year 7 Parents' Evening

Friday, 10 February – school closes for half-term

Tuesday, 21 February – school opens