

# Food Access



## The Household Support Fund

**Do you need help with essentials this winter?**

- ✓ Help for you & your family
- ✓ Options to help with food / toiletries / clothing
- ✓ Help with gas & electricity
- ✓ Help with household items

Email: [household@preston.gov.uk](mailto:household@preston.gov.uk)

Tel: **01772 906777**

Website: [www.preston.gov.uk/householdsupportfund](http://www.preston.gov.uk/householdsupportfund)

## Work clubs

Please visit the Help in Preston website [helpinpreston.com/work-clubs-in-preston](http://helpinpreston.com/work-clubs-in-preston) for further information or email: [S.Little@preston.gov.uk](mailto:S.Little@preston.gov.uk)

## Looking for jobs?

Useful information and links to live job vacancies in Preston area can be found here [helpinpreston.com/weekly-job-bulletin](http://helpinpreston.com/weekly-job-bulletin)

## Financial and debt advice

Please contact Lisa Gray email: [L.Gray@preston.gov.uk](mailto:L.Gray@preston.gov.uk)



### Healthy Start Vouchers

If you are pregnant, have children under the age of 4 and are on benefits, you may be entitled to Healthy Start Vouchers to buy milk, fruit, veg and formula milk.

E: [enquiries@hsru.co.uk](mailto:enquiries@hsru.co.uk) • T: **0844 991 2222**



### Free School Meals

If you are in receipt of benefits and you have children, they may be entitled to free school meals. You can apply by calling the number below or visit the website.

W: [www.lancashire.gov.uk](http://www.lancashire.gov.uk) • T: **01772 531 809**

Help In Preston website provides a list of local services including a food access page:

[www.helpinpreston.com](http://www.helpinpreston.com)

# EMERGENCY FOOD PARCELS

If you have no food and no money to buy any, you may be eligible for an emergency food parcel, please contact the providers below:

## Luv Preston

City Wide

Email: [contact@luvpreston.com](mailto:contact@luvpreston.com)

Tel: 01772 298107

## Noor Food Bank

City wide

mail: [hello@noorfoodbank.co.uk](mailto:hello@noorfoodbank.co.uk)

Tel: 01772 555425

## Preston Community Hub

Fishwick & surrounding areas

Email: [hub@prestoncommunity.co.uk](mailto:hub@prestoncommunity.co.uk)

Tel: 07706 306360

## Share IT

Ingol & surrounding areas

Tel: 07545 277779

## Salvation Army

City wide

Email: [info.sapreston@gmail.com](mailto:info.sapreston@gmail.com)

Tel: 01772 555425

## Penwortham Food Bank

Penwortham & surrounding areas

Email: [penworthamfoodbank@gmail.com](mailto:penworthamfoodbank@gmail.com)

## Here for Humanity

Ashton, Plungington & Tanterton

Email: [io.helpuk@gmail.com](mailto:io.helpuk@gmail.com)

Tel: 07432 688283

## FOOD PANTRIES

(Membership fee of £2.50 - £5.00)

### The Intact Centre

Ingol

Tel: 01772 760760

### Ascension Church

Ribbleton

Email: [parishofribbleton@gmail.com](mailto:parishofribbleton@gmail.com)

Tel: 01772 759274

### Broadgate Food Pantry

11 Grafton Street

Email: [arshad\\_dadabhoy@hotmail.com](mailto:arshad_dadabhoy@hotmail.com)

Tel: 07999 973097

### Community Gateway Association

Ashton & Moor Nook

Email: [jackie.bird@communitygateway.co.uk](mailto:jackie.bird@communitygateway.co.uk)

Tel: 01772 268124

### Project Fit Preston CIC

City Centre

Email: [projectfitpreston@gmail.com](mailto:projectfitpreston@gmail.com)

Tel: 07773 895269

## HOT MEAL PROVIDERS

### The Larder

Email: [kay@larder.org.uk](mailto:kay@larder.org.uk)

Tel: 07718 901813

### Crossgate Church

Email: [gill.wright@crossgate.church](mailto:gill.wright@crossgate.church)

Tel: 01772 585257

Correct at the time of print.  
For updated services please visit  
[www.helpinpreston.com](http://www.helpinpreston.com)

Many faith and community groups also offer support via their Holiday Food Markets.  
If you live close to a faith or community group such as a church or mosque,  
please contact them to ask if they offer any support in accessing food.