

Our Lady's Catholic High School



Newsletter No. 3

20th September 2024



The Theme Next Week: Discipleship (Mark 9: 30-37)

"Anyone who welcomes one of these little children in my name, welcomes me."

In this reading from Mark's Gospel, the Disciples are arguing about who is the greatest. Jesus tells them that they must forget about power and prestige, that they must treat everyone with great care and compassion, as you would care for a child. When we welcome the powerless, the weak and those who are most in need; we become true disciples. It is with a servant heart that we draw ourselves close to Christ. In doing so, we humble ourselves as he did by being born amongst us.

Dear Lord

Help me to recognize you in everyone I meet and to always treat others with respect and dignity.

Amen

"Be kind and merciful. Let no one ever come to you without coming away better and happier. Be the living expression of God's kindness." Mother Teresa

BOOO Virtues

Congratulations go to:

Year 7: Lewis Rennie-Bloor - learned and wise

Year 8: Alfie Shaw - compassionate and loving

Year 9: Grace Hatch - attentive and discerning

Year 10: Olivia Mia Halliday - attentive and discerning

Year 11: Katie Davies - attentive and discerning



Being One of Ours



Our Lady's
Catholic High School

OPEN EVENING

[CLICK HERE](#)

THURSDAY 3 OCTOBER 2024

6PM - 8.30PM

SCIENCE WEEKLY CHALLENGE

If you can tell your science teacher the answers to the questions you can earn a point.

Advances in medicines and medical procedures are mainly dependent on scientific research. This week's newsletter looks at two potential new treatments.

Science in the News

Different covid vaccines were developed around the world using a range of old and new technologies. Now, one of those newer technologies is being investigated to see if it could be used to cure cancer.

Read the article (*click on the BBC article link*) and then answer Questions 1 - 3:

<https://www.bbc.co.uk/news/health-64176038>

Question 1: What is the name of the new technology discussed in the article?

Question 2: What is the name of the current technology used in the treatment of cancer?

Question 3: What is the benefit of the new versus current technology?

Video

The robotic figure in this video is made from Gallium and infused with magnetic micro particles. Scientists call this material magnetoactive phase transitional matter because it can react to magnetic fields. Watch how the robot changes shape and escapes.

Click here to watch the video.

Question 4: What medical use is it suggested this could be used for?

THE GREAT OUR LADY'S EUROPEAN Bake-Off

European Day of Languages
Thursday 26th September
COMPETITION FOR ALL YEARS 7-11



Have you got what it takes to be the Our Lady's European Day of Languages star baker? Can you be creative, imaginative and original?

To enter the The Great Our Lady's European Bake-Off all you need to do is bake something and try to decorate it with a European theme – the standard of entries in previous years has been outstanding! (*see photos*).

Bring your entry to ROOM 46 during form time on the morning of Thursday 26th September.

Entries will be judged by the languages department and there will be a winner chosen for each year group.

Any questions please see Mrs Crossley in Room 46.

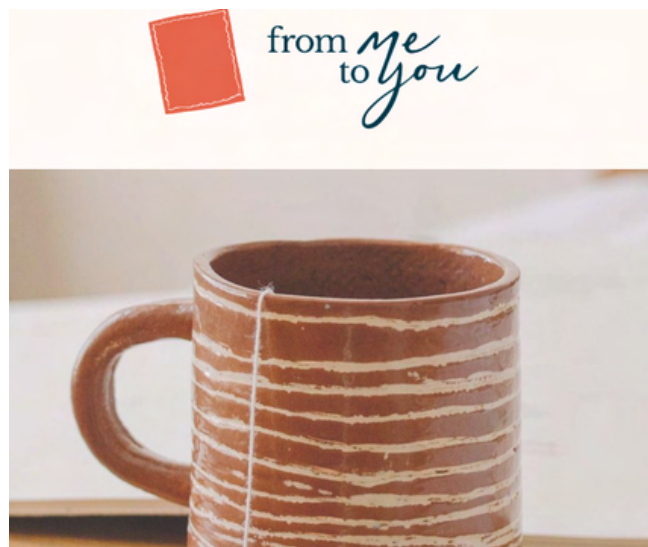
Join Our Letter-Writing Campaign with 'From Me to You' Charity

We are excited to share a new opportunity for our pupils to make a meaningful difference through the 'From Me to You' charity, with the support of our school chaplain, Sarah.

Each Friday, Sarah will be hosting lunchtime sessions where pupils can write letters to people living with cancer. This simple act of kindness can bring joy, comfort, and connection to those facing challenging times.

The letter-writing initiative is also a great option for pupils working towards their Duke of Edinburgh Award in the volunteering section.

Parents, if you're passionate about writing or would like to get involved, this charity might interest you too! Whether you're an experienced letter writer or just getting started, your words can make a big impact.



To find out more, visit the From Me to You charity website: www.frommetoyouletters.co.uk.

For more details or to get involved, please reach out to Sarah at sal@olchs.lancs.co.uk.

Let's come together as a community and make a difference, one letter at a time!

Year 11 Life Skills

The Year 11 Life Skills group made the most of the recent sunshine, enjoying a visit to a local garden, in preparation for their ASDAN Gardening Module. They cooled down with much deserved ice lollies!



YOUNGMINDS

Parents Helpline

The Young Minds website offers tailored information, advice and support to parents and carers who are concerned about their child or young person's mental health.

You can speak to them over the phone, or chat to them online.

You can use their Helpline service if you are the parent or main carer of a child or young person aged 25 or under.

The service is available across the UK.
It is free and confidential.



THE LANCASHIRE FRINGE FESTIVAL WHICH
RUNS FROM 24TH SEPT - 9TH OCTOBER 2024



Autumn 2024
**Lancashire
Fringe
Festival**
ENJOYSHOW.CO.UK



Information

**WORLD'S BIGGEST
COFFEE
MORNING**

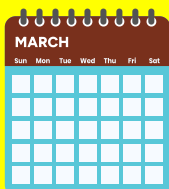
**MACMILLAN
CANCER SUPPORT**



Friday 27 September at 11.15 am

The 2024 Macmillan Coffee morning takes place this year on Friday 27 September. Parents and guardians are welcome to join us in the staff room from 11.15am for cake, coffee and a chat and hopefully we will raise lots of money for this worthwhile cause.

If you wish to join us, please email school at PTT@olchs.lancs.sch.uk



2024 Dates for your Diary

Monday 23 September

Year 7 Photographs

Wed 25 & Fri 27 September

Year 11 Liverpool Field Trip

Thursday 26 September

Year 7 Mass of Welcome

Friday 27 September

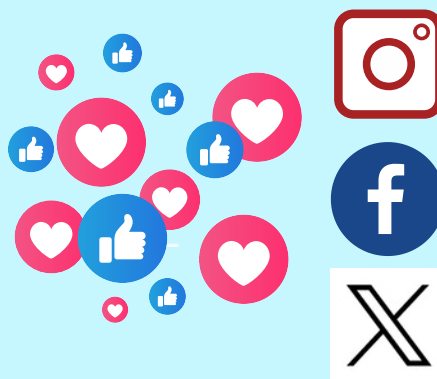
Year 7 Tom Palmer Author Visit

Friday 27 September

Macmillan Coffee Morning



OLCHS SOCIAL MEDIA



Being One of Ours

Sporting News



NETBALL YEAR 11



The Year 11 Netball team had their first fixture of the Preston League at home to Ashton last Thursday. After a shaky start, we soon got on top of the game, dominating possession on court. Macy W and Lydia T shot consistently, whilst Isabelle P and Jessica M used their height well in Ashton's shooting circle to get several key interceptions.

At half time we had secured a seven-goal lead.

We managed to build on this in the second half, thanks to some fantastic dodging and passing centre court by Chichi O and Jiji O.

The final score was 25-13 to Our Lady's.

Player of the match went to Charlotte F, thanks to her speed and agility at centre, allowing her to create attacking opportunities.

The Year 11 Netball team were back in action on Monday at home to Longridge. We knew this would be a tough, fast paced game and it didn't disappoint. Even though the game was end to end, we found ourselves five goals down in the first half. However, the team showed great determination to get within just two goals by half time. The second half was equally close. Jess M and Isabelle P made some great interceptions in defence, whilst Heidi C scored some brilliant long-range shots. In the final minutes of the game, both teams were tied 13 all. However, it was Longridge that scored right before the final whistle to win 14-13. Our Lady's conducted themselves brilliantly and were gracious in defeat. Player of the match went to Charlotte F, and teacher's player was awarded to Heidi C and Jessica M.

The Year 11 team continued their busy start to the season, hosting Broughton at home in the Preston League. As anticipated, the match was extremely close in the first half. We were struggling to get free on centre passes and Broughton were capitalising on this. However, we held our nerve, and the score was tied at nine all by half time. We made a few tactical changes in the interval, which proved successful in the second half. Mia G made some fantastic interceptions in defence, whilst Charlotte F worked tirelessly centre court. Heidi C and Lydia T shot well under pressure. The whole team kept their nerve, and we won 17-13. Player of the match went to the captain, Isabelle P. She played brilliantly at Goal Defence taking interceptions in the circle and helping to distribute the ball down court effectively.

Sporting News



FOOTBALL YEAR 11

The Year 11 football team have made an excellent start to the Preston Schools' league competition by winning their opening 3 games against Fulwood Academy, Longridge High School and Archbishop Temple School. The scores in these games were 4-1, 4-0 and 6-3 respectively, with the team showing a much improved style of play this school year; confidently passing the ball up the field and attacking with speed and precision.

Goal scorers have come from a wide array of players, demonstrating the strength in depth of the squad.

They have now to face Broughton High School and Ashton CSC in their remaining league fixtures along with an away trip to Morecambe Bay Academy in the first round of the Lancashire Schools Cup competition.



FOOTBALL U14s



Huge congratulations to the U14 girls who opened their season with a win against Archbishop Temple and a 1-1 draw against Broughton.

The girls played some fantastic football. It was a wonderful sunny start to the season.



Sporting News



Congratulations to two of our pupils, Eden and Isabel who have recently signed onto another year at Preston North End's Emerging Talent Pathway which is a way of helping players progress onto the England talent pathway.

They train weekly at Preston College with a small selection of under 12 girls and play against teams within the North West of England regularly.

Well done Eden and Isabel.

BEING ONE OF OURS



Being One of Ours

CHORLEY HOSPITAL VISIT

As part of our **Careers guidance** here at school Mrs Lin has arranged for pupils of Our Lady's to visit Chorley Hospital on **Wednesday 9 October**.

Pupils will visit all aspects of the hospital and the trip is aimed to give an insight into a wide variety of medical careers.

The trip will last 2 hours and we will be leaving school at 8.30am.

If your child is thinking about a career in any aspect of medicine then this is a wonderful opportunity.

Places are limited to 14 pupils. If there is significant demand Mrs Lin will draw names out of a hat. If you would like your child to attend please email Mrs Lin at zli@olchs.lancs.sch.uk

BAE SYSTEMS

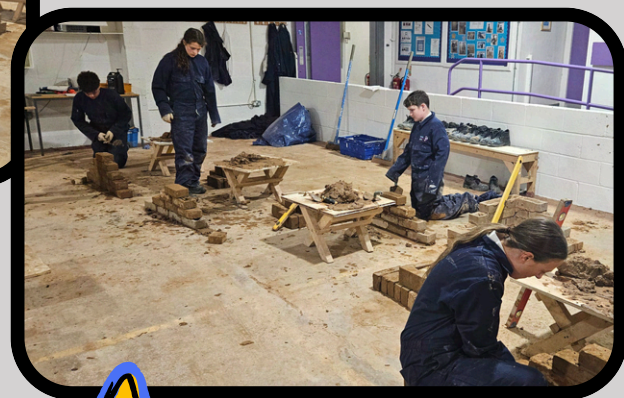
**Virtual Work Experience Week
Available for 14-18 year olds**

4 – 8 November 2024

Applications should close around 6 weeks prior to the program start date, or sooner should we receive a high volume of applications.

The applications need to be submitted via the website - [please click here](#)

CONSTRUCTION



Our Year 10 pupils have made an excellent start on their studies in Construction **at Preston Vocational Centre**. They have been learning about brickwork, cement and different ways in which to build walls this week.

They all did exceptionally well, but Holly was singled out for praise from the tutors with them taking photos of her work to use as examples for other students due to the exceptional skill that she had employed. **Well done Holly!**



Careers

COLLEGE OPEN DAYS

CARDINAL NEWMAN COLLEGE

OPEN DAY
5 October 2024



Years 10 & 11

PRESTON
COLLEGE



CLICK
HERE

YEAR 10 & 11

OPEN EVENT

WEDNESDAY 2 OCTOBER 4PM - 7PM

- > Register for events
- > Apply online
- > Get college updates

Future Open Events

SATURDAY 2 NOVEMBER 2024 10AM - 2PM
THURSDAY 6 MARCH 2025 4PM - 7PM

Visit www.preston.ac.uk

/prestoncollege

You are invited to our
OPEN EVENTS

2024/25

- Saturday **21st** September, 10.00am – 2.00pm
- Saturday **16th** November, 10.00am – 2.00pm
- Wednesday **5th** March, 4.00pm – 8.00pm

runshaw.ac.uk/openevent

RUNSHAW COLLEGE



CLICK
HERE

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