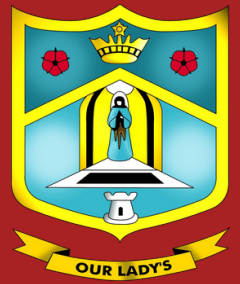


# Our Lady's Catholic High School



Newsletter No. 37

12th July 2024



## The Theme Next Week: Sent Out (Mark 6: 7 – 13)

Take nothing with you

*Jesus summoned the Twelve and began to send them out in pairs giving them authority over the unclean spirits. He instructed them to take nothing for the journey except a staff – no bread, no haversack, no money. And if any place does not welcome you and people refuse to listen to you, as you walk away shake off the dust from under your feet as a sign to them.*

Every time we stand up for someone who is being treated unfairly, we risk being ridiculed. The disciples risked being rejected when they set out to preach the Good News of Jesus Christ. However, Jesus told them not to worry. To persevere and if rejected, to shake the dust off their sandals and move on. They had the authority of Jesus to help them. In standing up against injustice, our actions and words are being tested, we are tested. **This is mission territory.** Stay strong and know that when you practice Gospel values, you have God on your side.

Renew my strength, O Lord.

Fill me with your power to overcome each obstacle in my path. With my eyes on you, Lord, with you walking beside me, I can make it. I can overcome every obstacle.

Amen

## BOOO Virtues

Congratulations go to:

Year 7: Ryan Ireland - learned and wise

Year 8: Amy Ross, Willow Rimmer - loving and compassionate

Year 9: Will McCondichie - curious and active

Year 10: Finley Murray, Isabelle Potts - active and curious



*Being One of Ours*

## YEAR 7 POETRY COMPETITION

With a couple of weeks of preparation, the Year 7 pupils created and performed a piece of poetry in the class, hoping to represent their class in this year's Year 7 Poetry Slam competition.

After careful consideration, pupils were selected by their teachers and classmates to advance into the Poetry Slam final and perform to the rest of the Year, in the Arts Theatre with only a week to prepare.

On the day, the competition was brilliant and fierce, with varying intriguing topics: such as climate change, World War Two, refugees, and coffee. The English department, who served as judges that day, were wowed and dazzled by the talent on display in Year 7: from clear intonation and word play to impressive choreography, it was clear that each pupil wanted to win.

However, there could only be one winner, and that prize went to 7B2 for their active, electrifying, and well organised poem on the beautiful game of football.

All the pupils involved deserve the highest praise for performing their poems on the big stage in front of their peers. 7B2 will now hold a trophy in-class for their achievements, but who will take the title next year in 2025?



Below are all those who participated:

### 1st

Jaiden C  
Henry D  
Jonah H  
Callum T

### 2nd

Emrys D

### 3rd

Chris G  
Dane L  
Aiden A

Oliver H  
Alfie W  
Nathan L

Abel J  
Nathaniel B  
Brody C  
Archie C

Jay S  
Krish G  
Calym H



Dylan G  
Dylan H  
Muhammad P

## Gardening Tools...Pots...

# WANTED



## School Garden

Before the summer break and after the summer holidays, we are welcoming donations of gardening equipment you no longer need, including shears, gloves, bird feeders, pots, etc. for the school garden.

Please contact Ms Worthington by email on [KWO@olchs.lancs.sch.uk](mailto:KWO@olchs.lancs.sch.uk) to arrange drop off.

Thank you.



## Our Lady's Catholic High School

### Calling All Year 7s

DO YOU WANT TO BE A LANCASHIRE LIBRARIES READING HERO?

This year's summer reading programme offers prizes for participants who manage to read five books over the summer, running from 1st July to 30th September. It is easy to get involved. Sign up at your local library and get a booklet containing all the information you need to help Dr Paige Turner defeat Blurb, the mischievous alien. As well as prizes for reading achievements, participants can visit a Lancashire museum for free with an adult, and join in summer activities at all libraries across Lancashire.



Follow this link to find out more:  
<https://www.lancashire.gov.uk/.../lancs-reading-heroes/>



## YELLOW TUESDAY FOR THE RNLI

Thank you for your support and encouragement with our fundraising for the RNLI on Tuesday 9 July.

So many of our pupils participated in our fundraising by wearing yellow. 150 metres of ribbon was bought, donations were made and exactly 200 pupils volunteered to take part in our sponsored walk. This was such a fitting number as the RNLI have been saving lives at sea for 200 years!

Many thanks for your incredible generosity. So far, we have raised £733.54.

Please send in any more sponsor money and further donations by the end of Monday.



**LANCASTER UNIVERSITY  
SCHOOL OF MATHEMATICS**

On Tuesday and Wednesday last week, pupils from Years 7 to 10 attended the annual mathematical competition at the Lancaster University School of Mathematics (LUSOM) held at their new building in Preston.

The challenges tested pupil's mathematical understanding over five rounds with tasks involving both individual skill and teamwork.

Competing against schools from the local area, our pupils solved some difficult problems and narrowly missed out on the top places.

## MATHEMATICAL CHALLENGE

All pupils had an excellent attitude, worked brilliantly as a team and supported each other using their individual strengths.

The pupils involved were:

Dane L (Year 7)  
Ethan D (Year 7)  
Olivia S (Year 8)  
Kayah J (Year 8)  
Adam H (Year 9)  
Charlotte W (Year 9)  
Molly W (Year 10)  
Owen L (Year 10)





 Our Lady's Catholic High School



# Summer School 2024

MONDAY 22ND JULY - THURSDAY 25TH JULY

YEAR  
**6**



## WHAT WE PROVIDE

- Transition opportunities
- Creativeness
- Team Building
- Science
- Sports



*For more information & to get registration form, please contact Miss Singleton - [ESI@olchs.lancs.sch.uk](mailto:ESI@olchs.lancs.sch.uk)*



*Places subject to availability*



# Information



As the school year is coming to a close, some of our children may struggle with the loss of structure or support.

The Anna Freud organisation, aimed at delivering mentally healthy schools, have produced a self-care summer toolkit. If interested in looking at their resources, please follow the link below:

[CLICK HERE](#) 

**Changes to the School Mobile Device Policy** 

[CLICK HERE](#)

## KEEPING CHILDREN SAFE ONLINE

It is our strong professional advice that children do not access social media platforms as the damage to their mental health and well-being can be significant. However, we appreciate that many of our children do use many social media platforms in the evening and some of the content they are exposed to can be of concern. Therefore, we want to support you as parents by asking you to speak to your child regularly about appropriate content and what to do when worried.

Below is a link which gives support in reporting harmful content.

[www.reportharmfulcontent.com/harms](http://www.reportharmfulcontent.com/harms)



**The internet, relationships & you**

[CLICK HERE](#) 



**2024 Dates for your Diary**

Wed 17 July - Whole School Mass  
Friday 19 July - End of Term. School closes at 12:30pm

### OLCHS SOCIAL MEDIA



## School Uniform Support



School uniform support 2024

Community Gateway is working with community partners to deliver school uniform support for 2024

→ have partnered with The Ascension Church and The Hub at St Bernards to deliver school uniform support to families across Preston. Book onto one of the sessions below for access to free new and nearly new school uniform items:

**Rothwell Hall** - 11 Farrington Lane, Ribbleton, PR2 6LX

- Monday 12th August 2024 - 1-4pm (CGA tenants only)
- Wednesday 21st August 2024 - 1-4pm (open to all)

**The Hub at St Bernards** - Elswick Road, Ashton-on-Ribble, PR2 1NT

- Friday 16th August 2024 - 3-6pm (open to all)

Booking is essential - call **0800 953 0213 (option 6)**, email [get.involved@communitygateway.co.uk](mailto:get.involved@communitygateway.co.uk) or visit the Tenant Hub by scanning the QR code above.

We're reaching out for donations of clean, good-quality uniform items to aid this support. Please drop any donations to the below venues before 7th August:

- Ascension Church - Tuesday/Wednesday between 10am - 12pm
- The Hub at St Bernards - Friday between 10am - 1pm







# Sports Day!

On 4 July, our annual whole school Sports Day took place. Following the field events which took place a little earlier in the half term, Form D began the day in pole position. That said, the standard of competition across all Forms was extremely high with points being shared out for the various track events.

For Years 9 and 10, the morning session was the hotly contested softball/rounders tournaments which, although a standalone competition and does not add points to the overall Form scores, nobody was willing to drop their guard and run after run were being chased down.

Back to the track, the strong tail winds played a helping hand in a number of school records being broken this year - FIVE to be more precise!

**Jaiden C - Yr 7 boys' 100m**  
**Jemma M - Yr 8 girls' 200m and 300m**  
**Owen D - Yr 9 boys' 300m**  
**Evie M - Yr 9 girls' 300m**



## Being One of Ours



Despite individual year groups having their Form winners announced on the day, it was the overall school Form winner which was kept top secret until the following morning.

Towards the end of period 2 on the Friday, Mr Pill took to the tannoy system to announce the overall winners and grant them an early breaktime in celebration.

The winning Form across the whole school of Sports Day 2024 was Form O, winning with 402 points - just 9 points ahead of Form R in second place.

Sports Day was a huge success, and the PE department would like to thank all pupils for competing, supporting and getting themselves involved in the right spirit of healthy competition. And a big thank you to all staff who helped make the day a success.

## Sports Presentation Evening

Following a very busy year of sporting fixtures and competitions, the PE department celebrated the hard work, commitment and dedication of the pupils who have represented numerous school teams over the past academic year at the OLCHS Sports Presentation Evening, held at Bartle Hall on Tuesday 9 July.

Over 120 pupils across Years 7 to 10 arrived, dressed to impress, for the formal awards ceremony and celebration. Awards on the evening were given for commitment and performance across the major sports delivered and competed within district, regional and national competitions. There were also Sports Personality of the Year awards for each year group for the individual who goes above and beyond for school sport.

The final award of the evening is the Tim McVey award, given to the boy and girl who embody everything it takes to "Being One of Ours" when representing the school in sports teams.

It is our absolute pleasure to announce the winners of the Tim McVey award 2024 are **Finley Murray and Isabelle Potts**.

We were delighted to have a former pupil Zuleikha Chikh as guest of honour for the evening, handing out the well-deserved awards to our students. Since leaving Our Lady's in 2014, Zuleikha has been an inspiration to many sporting initiatives regionally, nationally and internationally - breaking down the numerous barriers to sports participation for women, and women from ethnic minority backgrounds.

It was a fantastic evening celebrating the commitment and sporting successes of so many of our amazing pupils, with a few party games thrown in and delicious food from the Bartle Hall catering staff.

### SWIMMING SUCCESS

Last weekend, Year 7 pupil Sophie J, competed in a swimming gala in Blackpool against a variety of clubs from all over Lancashire.

Sophie achieved one of the fastest times in the heats, allowing her to qualify for the final of the 200 metre breaststroke.

It was a tough race, however, Sophie managed to shave 17 seconds off her personal best time to finish third. An amazing achievement. Well done Sophie!





## CARDINAL NEWMAN COLLEGE

## TASTER DAY

Last Tuesday we took all of Year 10 to Cardinal Newman College for their Taster Day. Pupils selected lessons prior to the event to ensure smooth organisation on the day.

Pupils engaged in all aspects of college life including getting a little lost in their new surroundings, meeting new friends, experiencing new subjects and meeting college staff.

Year 10 embraced the day with absolute gusto.

We look forward to welcoming Cardinal Newman College back to Our Lady's as part of the transition process in Year 11.

