

Our Lady's Catholic High School



Newsletter No. 16
19th January 2024



Prayer Theme Next Week: Called (Mark 1: 14-20)

Follow me and I will make you into fishers of men.

It is easy to think that being called by Jesus is simply something that happened in the Bible to some fishermen on the seashore. This isn't the case. We are all called to follow Christ. We are called to share our unique gifts and talents with others and to be a good witness through our words and actions. There is no need to fear that calling. God needs witnesses in all walks of life! It doesn't matter if we don't know exactly how things will turn out. Just trust in Him and you will find joy!

"As we accept the call to follow Christ, we shall be brought on step by step, of which before we had no idea".
St John Henry Newman

Dear Lord,

Guide me to know my calling. You know my heart.
Help me to trust in you always, even when I cannot see the road ahead.

Amen

BOOO Virtues

Congratulations go to:

- Year 7: Serah Sajosh - loving & compassionate
- Year 8: Romy Lawrenson - compassionate and attentive
- Year 9: Evie Holland Bass - curious and active
- Year 10: Nicola Zamorowska – attentive and discerning
- Year 11: Jacob Blackburn – generous and compassionate



Being One of Ours

Year 9 Futures Day



On Friday of last week, the Year 9 pupils spent a day thinking about their future career pathways, what they would like to study, and what jobs they would want to do. They spent part of this day comparing salaries and looking at what they could afford when they are working and from there selecting careers that will let them live the lives that they wish. Following on from this they then looked at the subjects that they would need to take in Year 10 leading them to look at the Options Booklet for 2024 and then taking the first steps in selecting their options for this year.

The pupils worked exceptionally hard all day long and in conjunction with their form tutors made sensible choices which they can now discuss with their parents at home.

Before they make their final option choices, there will be the opportunity for parents and pupils to talk to the Principal Teachers at KS4 Information Evening which is on Tuesday 12th March.

Pupil Attendance

**ATTENDANCE
MATTERS.**
ALL DAY, EVERY DAY

Improving school attendance is everyone's business and to tackle the challenge we face, we need to work together. The Government has launched a national campaign, designed to speak directly to parents and carers and to drive conversations which promote the importance of school attendance. The campaign slogan is 'Moments matter, attendance counts'.

As a school and community, we would like to thank you in supporting your child to attend school daily and to embrace the opportunities that regular school attendance affords our children.

Winter Wonderland



Our Lady's grounds took on the appearance of a winter wonderland this week.

PSHE Day

Monday 22nd January will be our second PSHE Day of this academic year.

Pupils will be off timetable exploring the following themes;

Year 7 - Online Safety

Year 8 - Relationships

Year 9 - Fundamental British Values

Year 10 - Faith and Justice Day

Year 11 - Be Healthy

National Schools Biathlon

This weekend, five of our young athletes will be representing our school at the National Schools Biathlon qualifiers held at Edge Hill University. Lucy Beesley, Tom Beesley, Freya Jones, Lucy Mulholland and Fin Murray will be competing against pupils from all across the entire north of the country as they hope to qualify for the national finals later this year.

We wish them all the very best of luck as they compete this weekend and will, of course, give an update on how they get on.

U14 Basketball

The U14 basketball A team took part in their round of 16 fixture against Corpus Christi Catholic High School in the Lancashire Cup on Friday 12th January. The team had been successful in the group stage, winning 2 games and narrowly losing 1, so they were in high spirits for the arrival of Corpus Christi. The game began with Our Lady's taking the early advantage and soon leading 6-0 with Jack Fletcher skilfully driving to the basket while also working hard in defence. However, the Corpus team managed to get going soon in the first quarter, led by their particularly strong and skilful point guard and at the end of the first quarter the score was 8-12 in favour of Corpus Christi.

Charlie Whelan played a fantastic game both in defence and offense, reducing scoring opportunities with excellent man-to-man duties combining with movement of the ball and lay-ups to score his own points. Lincoln Smith and Thomas Williams also played pivotal roles in the game but it was Corpus who began to take a commanding lead and by the end of the 3rd quarter they were convincingly ahead. Our Lady's never stopped working hard however and we dominated the score line for the 4th quarter on its own, scoring 5 baskets to Corpus' 4, though this push was a little too late and Corpus Christi ended victorious with a 22-38 score line and progress into the quarter-finals. Other valiant members of the squad included Patrick McCaul, Finlay Mitchell, Bobby Peace, Oliver Kelly, Sam Walmsley, Bobby Walsh and Daniel Holden.

The U14 B team will face Archbishop Temple in their round of 16 game on Friday 19th January.

Year 9 Rugby

The Year 9 Rugby team played their second round of games in the Preston Schools' rugby competition held at Preston Grasshoppers RFC on Monday 15th January. The bitterly cold conditions did not freeze the determination in the Our Lady's team and some fantastic improvements in game play were demonstrated by all. Calvin Maduka took on a leading role for Our Lady's, demonstrating great commitment in the tackle and in the counter-ruck. He also kicked into the corners and passed well out of the tackle. Owen Dalton scored two excellent tries against the two opposing teams of Archbishop Temple and Ashton CSC, using his speed and agility to outwit opponents and drive to the try line.

Oliver Mitchell and Oliver Mower also tackled extremely well and helped move the ball outwards to the wing to bring in new opportunities for others. Unfortunately, our opponents were too strong and fast with the ball and broke our defensive line too many times and finished victorious over ourselves but the team showed excellent commitment and progress from the previous round of games.

Other members of the squad involved included Patrick McCaul, Finlay Mitchell, Joshua Davies, William McBride and Liam Peter.

Sporting News

Table Tennis

On Wednesday the under 13 and under 16 girls played in the second round of the Preston Schools' table tennis. Both teams put in consistent, positive performances against their opponents this week. Under 16s narrowly lost to Corpus in their first game. However, they were undefeated against Longridge, winning all eight matches. There were good individual wins from Scarlett Willans, Judy Ellbbany, Emily Barnes, Wiktorja Gronostajska and Charlotte Walker.

The under 13s also had good wins against Longridge, again winning all eight of their matches. Congratulations go to Emily Salisbury, Lily Blackhurst and Isabelle Holden.

They also won against Archbishop.

Year 7 Indoor Athletics Success



Boys - 2nd place | Girls - 3rd place
Overall standings - 2nd place

Our Lady's Year 7 indoor athletics team had a successful morning representing the school in the district indoor athletics competition on Wednesday 17th January. The annual competition was held at Preston College and organised by Broughton High School. A team of 16 girls and boys competed in various field events such as long and triple jump, while team and individual sprints and relays took place as the track events. Points were scored based on the individual time or distance.

The girls team claimed a bronze medal for finishing third while the boys were narrowly defeated by Broughton but were delighted to win a silver medal for finishing second overall.

Football

On Wednesday the 17th January the U15 girls travelled to Stanley Park in Blackpool to play Lytham St Annes in the 6th round of the cup. It took a little while for us to get going. After 10 mins we were 2 nil down, creating very few chances and getting a little frustrated. With a couple of tactical changes and better passing and vision, the goals began to trickle in. At half time the score was 3-3. The second half was much better with us scoring an additional 2 extra goals. We now face Sale Grammar on the 28th January at Corpus Christi Catholic High School. Moment of the match - Holly Wilson scoring an outstanding goal from a free kick straight in the top corner. Goal scorers include Georgia Collum, Karley Roscoe and Holly Wilson. All players raised their game in the second half and showed great tenacity. Players include:

Isabelle Potts | Charlotte Potts | Holly Wilson | Georgia Collum | Evie Mitchell | Orla Chew
Karley Roscoe | Lexie Eastham | Gracie Burns | Mollie Hanley | Heidi Clark (c)

Becoming a Sea Cadet








Each week, across the UK, 9,000 trained Sea Cadets volunteers commit their spare time to help young people launch themselves into new adventures.





Sea Cadets is committed to equality and diversity and take the safety of young people very seriously. Our Safeguarding Children, Young People & Vulnerable Adults Policy safeguards young people and places their health and welfare at the top of our priorities.

Some Sea Cadets groups take young people from the age of nine, but most from ten onwards. Ask your local unit to find out their minimum age intake. The cost to attend is kept as low as possible and varies between units; some will ask for a small donation, but not always. There are charges for training courses and camps but these are kept to a minimum.

OUTDOOR ACTIVITIES TO GET STUCK INTO

-  Rock climbing
-  Survival skills
-  Camp craft
-  Abseiling
-  Sports






COMMUNITY AND CITIZENSHIP EVENTS

-  Navigation
-  Helping others
-  Cultures & religions
-  Parades
-  Emergency services

SKILLS YOU LEARN AT YOUR UNIT


-  First aid
-  Knot tying
-  Code breaking
-  Cooking & food safety
-  Marching

THINGS YOU CAN DO ON THE WATER

-  Raft building
-  Rowing
-  Sailing
-  Paddlesports
-  Swimming

Find your nearest Sea Cadets group by visiting sea-cadets.org/units

Information



Conexus
Tuition

Does your child need support to boost their grades after mock exam results?

Our GCSE tutors are here to help!

ENQUIRE NOW >>

Diocese of Lancaster Lourdes Pilgrimage 2024

The Youth Pilgrimage to Lourdes is now open for bookings! Last year, pupils raised money in school and in their local parishes. This is a wonderful opportunity for young people to grow in faith, learn new skills and make lifelong friends.

We call upon young people in the diocese 15+ to consider coming on pilgrimage. You will be given all the preparation, support and training you need. Many young people make decisions about future careers whilst in Lourdes. Find time to explore your faith, to learn about yourself and to make friends you will have for life. Many often say "you don't 'go' to Lourdes, you are 'called". Please answer the call in 2024!

lancasterlourdes.co.uk

All young people are asked to register as soon as possible. Forms and more details are available through Joe Walsh Tours - [Diocese of Lancaster Pilgrimage 2024 YOUTH SECTION - Joe Walsh Tours](#)

Youth Pilgrimage by Coach - 22nd July to 1st August 2024

The cost is £795 and can be paid in instalments. The pilgrimage includes an overnight stay in Paris.

Dates for your Diary

Monday 22 January - PSHE Day 2

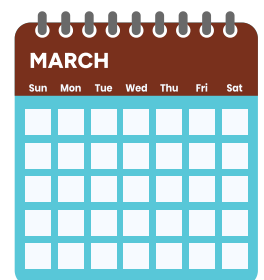
Thursday 25 January - Year 7 Parents' Evening, 4.00-6.30 pm

Thursday 1 February - Year 10 Parents' Evening, 4.00-6.30 pm

Friday 9 February - Half-term – school closes at 3.00 pm

Monday 19 February - INSET DAY – pupils at home

Tuesday 20 February - All pupils return to school



Careers

Careers Cafe

Thursday 25th January 2024 we have a pre-school manager and early years practitioner visiting. Is your child in Y10/Y11 and interested in a career working with young children? Then please tell them to come along. It will be held in the Training Centre (first building on the left as you come through the gate) at 8.45am. Biscuits and tea available.



Year 11 Mock Interviews

Next week pupils in Year 11 will receive their appointment time and the interviewer details for Tuesday 30th January. This information will be on a sticker which will be placed in their planner. Pupils who usually go college on a Tuesday will remain in school period 5.

BE OUR FUTURE

WESTINGHOUSE APPRENTICESHIPS AT SPRINGFIELDS FUELS

Applications Now Open

- Level 6 Nuclear Engineer Degree Apprenticeship
- Level 3 Electrical Engineering Apprenticeship
- Level 3 Mechanical Engineering Apprenticeship
- Level 3 Business Administration Advanced Apprenticeship

CLOSING 11th February 2024

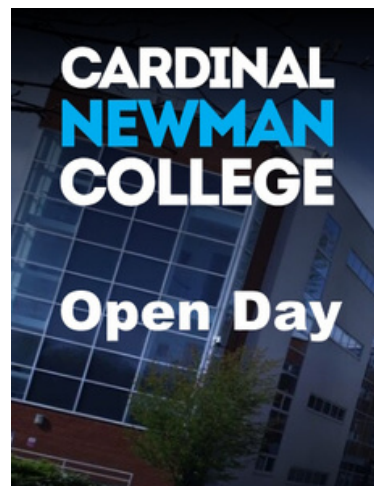
TEAM Springfields

To apply please visit our website:
<https://careers.westinghousenuclear.com>

Click the link and scroll to bottom of the page, select "Search by Global Location" and search "United Kingdom" & keyword "Apprentice"

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Cardinal Newman
Open Day. Final
Open Day, Please
follow the link to
register.

Register

NHS Careers

For NHS Careers & Apprenticeships please follow the link.

<https://nhscareersnw.co.uk/>