

# Our Lady's Catholic High School



Newsletter No. 15  
12th January 2024



## Prayer Theme Next Week: The Lamb of God (John 1: 35 – 42)

*As John stood with two of his disciples, Jesus passed, and John stared hard at him and said, 'Look, there is the Lamb of God.' Hearing this, the two disciples followed Jesus.*

When John first spoke these words, the '*Lamb of God*' the eyes of all present saw only an ordinary man. But the eyes of the faithful saw a man who would give his life for the salvation of the world as the Sacrificial Lamb.

The '*Lamb of God*' is with us throughout our day. He shows himself in faith – through others, through compassion, through an encouraging word, an act of kindness, a generous gesture.

Do you see Him?

Lord,

I seek you and love you.

Give me the eyes of faith to discover your real presence in the ordinary every day.

May I rejoice in meeting you in all situations.

Jesus, I trust in You.

Amen

## BOOO Virtues

Congratulations go to:

Year 7: Ryan Ireland - learned and wise

Year 8: Maksymilian Teodorowski - attentive and discerning

Year 9: Emma Finnigan, Sol Evans, Zac Craig  
- faith filled and hopeful

Year 10: Faye Tierney - attentive and discerning

Year 11: Tegan McLoughlin - learned and wise



*Being One of Ours*

## Year 9 Rewards Breakfast

On Thursday morning 136 pupils in Year 9 were invited to the restaurant for their rewards breakfast. All 136 pupils were congratulated in demonstrating excellent behaviour from October to December. Pupils enjoyed toast and drinks and the time to sit and chat to their friends. A lovely morning and a fabulous way to kick start the year. Well done Year 9!

## Table Tennis Competition

On Wednesday teams of U13 and U16 pupils participated in the first round of the Preston Schools' Table Tennis competition. The results were mixed. Our Lady's U16 drew 4-4 with Corpus B team, but then narrowly missed out on a team win against Corpus A. Similarly, the U13s lost 5 games to 3 and 2 games to 1 against Archbishop Temple and Moor Park respectively. There were, however, some good individual wins for Judy Ellbbany, Charlotte Walker, Wiktorija Gronostajska, Emily Barnes and Emily Salisbury.

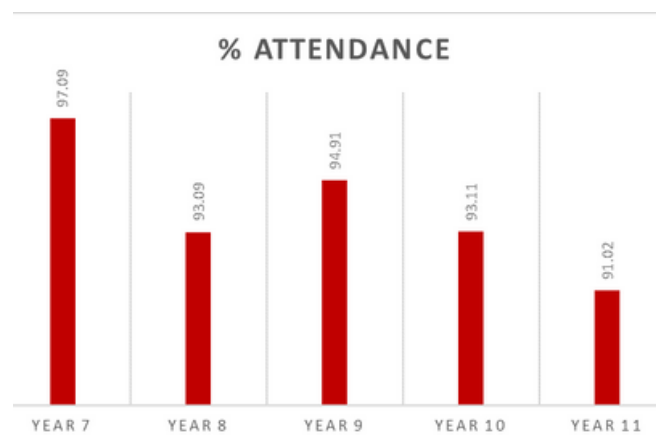


## Attendance

Attendance remains a key focus for us as a school as we move into the new year. Our target for the end of the school year is 96%. Currently our whole school % attendance is below this figure, at 94% and with your support we hope to improve this as we move into the Spring Term. We are extremely pleased with the commitment our youngest pupils have shown and Year 7 lead the way - already reaching our whole school attendance target, with Year 9 holding the next highest % attendance.

In school we continue to ensure pupils are aware of the benefits of developing excellent attendance habits, and, how poor attendance affects various areas of school life, along with academic progress. We would ask that parents continue to raise the profile and the importance of excellent attendance. Should you have concerns about your child's attendance please contact both their Form Tutor and their Learning Manager.

There are just **20** school days remaining in this half term.



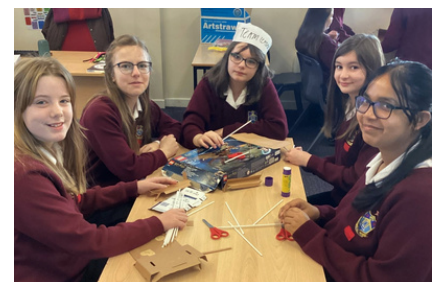
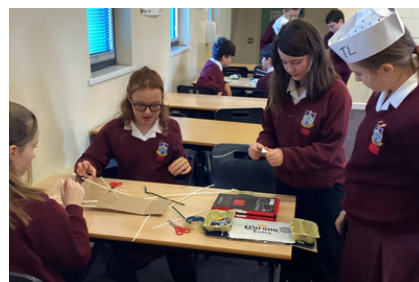
## Year 11 Mock Interviews

On Monday 8 January, Year 11 pupils attended an information assembly about their upcoming mock interviews. Mrs Lin discussed the importance of preparation, personal presentation, time keeping and how first impressions count. Year 11 responded wonderfully, completing their Google form quickly which has enabled us to begin matching pupils with the most appropriate interviewer on the day.

The mock interviews take place on 30 January 3-5 pm.

## Year 7 Futures Day

On Tuesday 9 January all of Year 7 participated in a Futures Day, using STEM subjects in real life practice. The pupils worked in small groups and were tasked with planning, making and testing various products for the challenges set. The pupils problem solved, used previous knowledge, and continuous trial and error to make their products the best they could. All pupils showed creativity, maturity, resilience, outstanding teamwork and skills. Their form tutors, along with Mrs Lin, Mr Robinson and Mrs Robinson, were very impressed with their final products and how closely they stuck to their task briefs.



The day finished with a talk for the whole year group from Mark Murray who works at BAE. He captured the pupils' attention with his knowledge of various planes including Nimrod and Tempest. In his time at BAE Mark has worked on some very exciting projects which he shared with our pupils. He talked about the importance of working really hard at school and never giving up, a really important quality when you are an engineer. Pupils asked lots of questions and they all learned some very interesting facts, including that it takes 1 second for a pilot to be ejected from a plane once they have pressed the button, staff and pupils were fascinated by this. We are very grateful to Mark for coming into school and sharing his knowledge and skills with us.



## The Sophie Scholl Awards

“Someone has to make a start.” How about you?



**Holocaust Memorial Day** is commemorated each year on 27th January, the date of the liberation of the Nazi concentration camp Auschwitz-Birkenau in 1945. Holocaust Memorial Day remembers the millions of victims of the Nazi Holocaust, including six million Jews, and of other, more recent genocides.



The Sophie Scholl Awards were introduced at Runshaw as part of our events to commemorate Holocaust Memorial Day. The courage of Sophie Scholl, of a similar age to Runshaw students, was an inspiration to us all. We now extend an invitation to pupils in partner high schools to help us celebrate the short life of this brave young woman by participating in awards reserved for them.

Sophie was 18 when the war started in 1939. She and her family, inspired by their strong religious beliefs, actively resisted the Nazis – an incredibly courageous thing for Germans to do. In 1942, Sophie, along with her brother Hans and a few other students, founded the White Rose, a non-violent resistance movement which painted anti-fascist slogans on walls, defaced Nazi emblems and distributed anti-war leaflets. In early 1943, Sophie and the other leaders of the group were caught, condemned as traitors and executed by beheading. Sophie was just 21.

During her trial, despite the attempts of the judge and prosecutors to browbeat and ridicule her, Sophie remained steadfast as one individual against the massive power of the Nazi state. “Someone has to make a start”, she said. Convinced that good in the end would prevail, her last words as she was led into the execution yard were, “The sun still shines!”

For many inspired by Sophie's example, a white rose has come to represent peace, justice and a love of humanity.

**Students in partner high schools are asked to make an entry based on ONE of the following themes:**

- The inspiration of Sophie Scholl
- The White Rose
- Someone has to make a start

**Entries can be**

- a written piece (maximum 250 words but could be much shorter)
- a poem
- a piece of art work or music – of any kind
- an idea to do something at school based on Sophie's example
- anything at all based on one of the above themes.

Entries can be individual or group work.

**Entries should be forwarded to Giles Inman, [Inman.G@runshaw.ac.uk](mailto:Inman.G@runshaw.ac.uk). The deadline for entries is 4.30pm on Wednesday 21st February 2024.**

Awards of vouchers and certificates will be awarded for the best entries.

**RUNSHAW COLLEGE**

## Lancashire Children and Family Wellbeing Service

### January 2024 Group Timetable



#### Monday

**Development Matters followed by Mini Move and Groove**  
Ribbleton Family Hub 9:30-11:00

**Baby and You followed by Baby Sensory**  
Preston West Neighbourhood Centre 9:30-11:00

**Chat, Play and Read**  
Ribbleton Family Hub 1:00-2:30pm

**Infant Massage followed by Baby Sensory**  
Preston East Neighbourhood Centre 9:30-11:00am

**Triple P Teen**  
Preston East Neighbourhood Centre 1:00-3:00pm

**Mini Inside Out (5-7 yrs)/Inside Out (8-11 yrs)**  
Ribbleton Family Hub 3:45-5:00pm

**Triple P 0-12**  
Via TEAMS 6:00-8:00pm

#### Tuesday

**Chat, Play and Read**  
Preston East Neighbourhood Centre 9:30-11:00

**Stay and Play**  
Preston West Neighbourhood Centre 9:30-11:00

**Colourful Footsteps**  
Preston Central Neighbourhood Centre 1:00-2:30pm

**Healthy Relationships**  
Ribbleton Family Hub 1:00-3:00pm

**Family Inside Out**  
Moor Nook Neighbourhood Centre 3:30-5:00 pm

#### Wednesday

**Baby and You**  
Ribbleton Family Hub 9:30-11:00

**Baby and You**  
Preston West Neighbourhood Centre 9:30-11:00

**Development Matters followed by Mini Move and Groove**  
Preston Central Neighbourhood Centre 9:30-11:00

**Moving Up**  
Moor Nook Neighbourhood Centre 3:30-5:00pm

#### Thursday

**Infant Massage followed by Baby and You**  
Ribbleton Family Hub 9:30-11:00

**Triple P Stepping Stones**  
Ribbleton Family Hub 9:30-11:30

**Parents to Be**  
Ribbleton Family Hub 1:00-3:00pm

**Stay and Play**  
Oakham Court (PR1 3XP) 9:30-11:00

**Colourful Footsteps**  
Ribbleton Family Hub 3:30-5:00pm

#### Friday

**Development Matters followed by Mini Move and Groove**  
Preston East Neighbourhood Centre 9:30-11:00

**SGO Group**  
St Lukes Family Resource centre on the first Friday of every month. 9:30-11:00am

**Development Matters**  
Ribbleton Family Hub 1:00-2:30pm

**Stay and Play**  
Preston Central Neighbourhood Centre 1:00-2:30pm



Preston Central Neighbourhood Centre, Brieryfield Road, Preston PR1 8SR	Preston East CFW Services, Brookfield Primary School, Watling Street Road, Preston PR2 6TU	Preston West CFW Services Ashton Primary School, Ainsdale Drive, Preston PR2 1TU	Ribbleton Family Hub, Ribbleton Hall Drive, Ribbleton Preston PR2 6EE	Moor Nook CFW Services, Burholme Road Ribbleton Preston PR2 6HN	St Luke's Family Resource Centre, 161 Ribbleton Ln, Preston, PR1 5ST
---	--	--	---	---	--

### Children and Family Wellbeing Service What's on Guide January-April 2024

### Dates for your Diary

Thursday 18 January - Year 11 Parents' Evening, 4.00-6.30 pm

Monday 22 January - PSHE Day 2

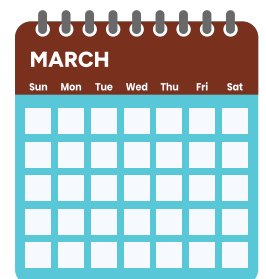
Thursday 25 January - Year 7 Parents' Evening, 4.00-6.30 pm

Thursday 1 February - Year 10 Parents' Evening, 4.00-6.30 pm

Friday 9 February - Half-term – school closes at 3.00 pm

Monday 19 February - INSET DAY – pupils at home

Tuesday 20 February - All pupils return to school



# Careers

## Careers Cafe



On Thursday 11 January, local journalist Tim Gavell, attended our Careers Cafe and gave a talk to Year 10 and 11 pupils who are genuinely interested in the field of journalism. He talked in depth about the different aspects of journalism, especially digital journalism which is becoming more and more popular. He discussed his time at the Lancashire Evening Post, the Blackpool Gazette and his current post at the Farmers Guardian. Tim talked about different GCSE options and his pathway into journalism plus

he gave advice on work experience, what pupils can do now in order to make a start towards a career in journalism.

The group were fascinated by his talk, they asked lots of questions relating to earnings, hours of work and the different aspects of journalism. A huge thanks to Tim Gavell for giving up his time and inspiring the next generation.

## OLCHS Alumni Group

If you are a former pupil of Our Lady's, Cuthbert Mayne or Edmund Campion and would like to join, follow the link below and fill in the very short Google form. Please share with family.

Link to join the Alumni Group:

[https://docs.google.com/forms/d/e/1FAIpQLSdXE0m9zjKi8Kj4GzxnEpXTHTlKt3nTbyclQO0K2-vqk3DFpg/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdXE0m9zjKi8Kj4GzxnEpXTHTlKt3nTbyclQO0K2-vqk3DFpg/viewform?usp=sf_link)

Thanks Mrs Lin

## Apprenticeships

Mrs Lin would like to remind all parents and Year 11 pupils that application windows are now opening for companies taking on apprentices.

Please keep your eye on the newsletter and Government [Find an apprenticeship](#) website.



# Careers

## Training 2000 Events



Visit the [Training 2000](#) website to register for their apprenticeship events on 31 January and 1 February

## Arkwright Engineering Scholarship Programme

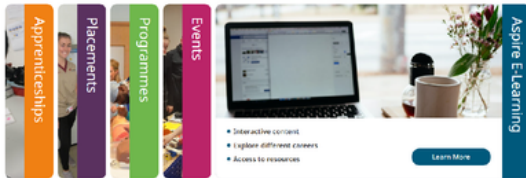
The search for the next generation of Engineering talent is underway, and the clock is ticking! Applications for the esteemed Arkwright Engineering Scholarship programme are now open for 2024 and will close on Friday, January 26, 2024.



Applications are open for Year 11 students in England and Wales. The selection process is rigorous; demanding applicants to showcase their passion for Engineering and potential as brilliant engineers of the future. Successful candidates will be awarded their Scholarships in Year 12, guiding them through their final years of school with access to a myriad of unique opportunities.

Ready to embark on your Engineering journey? Visit [www.arkwright.org.uk](http://www.arkwright.org.uk) to find out how to apply now.

### New Aspire E-Learning Courses available! My learning. My NHS and Care Career. [nhscareersnw.co.uk](http://nhscareersnw.co.uk)



As part of our [www.nhscareersnw.co.uk](http://www.nhscareersnw.co.uk) website we also offer our Aspire, E-Learning area which is our online learning tool. Aspire offers a variety of interactive resources to support learners of all ages and experience in gaining knowledge surrounding Health & Care Careers. Upon completion, learners will receive a certificate for each programme they complete, and this will be stored in their online e-Portfolio section of the website. We have a variety of courses available and these are suitable for all age ranges.

We upload new courses on a monthly basis. Courses include: Developing your skills; CV Writing; Understanding non-clinical roles in the NHS; Professionalism in the Workplace; Equality & Diversity; NHS Careers for school leavers; Apprenticeships; Clinical and non-clinical professions; Journey to Nursing plus much more!

Register your interest today –  
[www.nhscareersnw.co.uk](http://www.nhscareersnw.co.uk)

Choose your category below to view all available resources

Navigate To



[www.nhscareersnw.co.uk](http://www.nhscareersnw.co.uk)

FLEETWOOD NAUTICAL CAMPUS

**MARITIME CAREERS EVENT**  
**SATURDAY 20 JANUARY 2024**  
**10.30 - 14.30**

Interested in finding out about a career at sea in the Merchant Navy where you can gain valuable skills, travel the world, get well paid and progress in your career?

Come to our careers event and find out more!

SCAN THE QR CODE TO FIND OUT MORE AND REGISTER



YOU CAN ALSO REGISTER FOR FUTURE EVENTS AT THE SAME LINK

OR CLICK HERE!



FOLLOW US ON TIKTOK

Fleetwood Nautical Campus  
Broadwater  
Fleetwood  
FY7 8JZ

01253 504800  
[maritime@blackpool.ac.uk](mailto:maritime@blackpool.ac.uk)  
<https://fleetwoodnautical.blackpool.ac.uk/>

*Being One of Ours*

# Careers





**FULLY FUNDED**  
Taster Session

## Women making their mark in the Army

In this session your students will:

- Have the chance to find out how women make a difference in the Army
- Hear real insights into a typical day as a women in the Army
- Ask questions to the panel and grow their knowledge of the Army
- Improve skills through a live, unique and interactive session



**SIGN UP...**  
Discovery Workshop  
23rd January, 11:00am-12:00pm  
Apply by 5th January  
Age: 16-19

**STILL OPEN**




**FULLY FUNDED**  
Virtual Work Experience

## Passion for the British Army?

Do you have an interest in apprenticeships?

Come and explore Army Apprenticeships and Career Advancement - British Army

- The British Army is the largest Employer Provider of Apprenticeships in the UK.
- With close to 15,000 apprentices currently enrolled on apprenticeships from Level 2 to Level 6 across more than 40 different programmes.
- That means that over 95% of soldiers enrol on an apprenticeship scheme when they start their initial trade training.

Register for our event below to find out more about Army Apprenticeships.



**SIGN UP...**  
7th February, 11:00am-12:00pm  
Apply by 25th January  
Age: 16-19




## LUSoM Open Day




Meet the LUSoM team & learn what makes studying at LUSoM so special

Attend a Headteachers talk & take a tour of the building

**Saturday 3rd February**  
**10am - 12:30pm**

Scan the QR to book



**WORK.  
EARN.  
LEARN.**

Apprenticeship applications for the March 2024 intake are now open. They have a range of apprenticeships on offer, from Technicians to Aftersales Customer Service Advisors.