

Our Lady's Catholic High School



Newsletter No. 7

3rd November 2023



Prayer Theme Next Week: Remembrance (John 15:13)

My command is this: Love each other as I have loved you. Greater love has no one than this: to lay down one's life for one's friends.

In times of great suffering, let us call to mind all those impacted by the war in Ukraine and in the Middle East and ask God to intervene bringing peace and unity.

Let us spend a few minutes each day to think about what we are grateful for in our own lives, things we may take for granted like clean water and electricity, a safe place to live. Let us think of our small blessings and remember to thank God for them.

For all those lost in conflict and war.

Eternal rest give unto them, O Lord, and let perpetual light shine upon them.
May they rest in peace.

Amen.

BOOO Virtues

Congratulations go to:

Year 7: Jack Spickett - attentive and discerning

Year 8: Sam Walmsley - attentive and discerning

Year 9: All of the Year 9 B Netball team - faith-filled and hopeful

Year 10: Amelia Parkinson - attentive

Year 11: Mia Metcalf - loving and compassionate



Being One of Ours

Careers Speed Networking Event

On Tuesday 31 October Our Lady's hosted a Careers Speed Networking Event for Year 11 pupils involving twenty local employers. Groups of 5 pupils at a time met each of them to discuss the different aspects of their career including GCSEs achieved, BTEC/A Levels/ Apprenticeships attended, current role, salary and career progression. The pupils listened attentively and completed a section on each expert in a bespoke careers booklet. Every 4 minutes the pupils rotated to a different expert ensuring all pupils had a wide range of employer exposure.

The atmosphere in the room was vibrant and full of positive discussions. A huge thank you to all of the employers who gave their time to come and share their knowledge and expertise with our pupils.



CND Visit

Yesterday Years 7 and 9 had representatives from CND, the Campaign for Nuclear Disarmament, visiting to discuss nuclear disarmament. The pupils engaged really well and now have a greater awareness of nuclear weapons, the main nuclear powers and the impact of nuclear warfare. During the sessions pupils were given opportunities to test their knowledge with some multiple-choice interactive Q&A moments, they asked insightful questions, showing a genuine interest in the topics covered during the assembly.

MFL Pupils of the Month

French pupil of the Month for October - selected by class teachers for being intentional and prophetic in their learning and active in engaging in lessons. Pupils have been awarded certificates this week in their lessons and have received Green Writing rewards points. Could this be you in November?

Year 7

70 William Collins
7U Eliot Asafo
7R Henry Stevens
7L Phillip Smith
7A Muhammad Patel
7D Dane Lewis
7M1 Hattie Lee



MFL
PUPILS OF THE MONTH

OCTOBER

Year 8

8B1 Ella Nagy
8B2 Oscar Wignall
8C1 Emilia Nowak
8C2 Jacob Maughan
8T1 Bechet Salim
8T2 Adelaide Sutcliffe
8M1 Oliver Singleton



8B1 Joshua Rothwell
8B2 Hanna Bajeera
8C1 Jacob Abbott
8C2 Megan Peace



Year 10

10A1 Emily Boyle
10B1 Grace Collum
10D1 Charlotte Hill



10B1 Amelia Parkinson



Year 9

9B1 Ryan Taylor
9B2 Libby Frame
9C1 Holly Wilson
9C2 Alan Nazarkiewicz
9T1 Ellie Roberts
9T2 Holly Jones
9M1 Lucas Ward



9B1 Evie Holland-Bass
9B2 Daniel Holden
9C1 Sol Evans
9C2 Eli Nyandoro



Year 11

11A1 Maggie Livesey
11B1 Milcah Shabaz
11C1 Harry Milsom



11B1 Lillie Heath
11B2 William Russell



Geography Teams Group

The Geography Department has set up a Teams page dedicated to sharing interesting and relevant stories related to Geography.

The code for the Teams page is: uk76f75

Please encourage your child to join to improve their knowledge of Geography and current affairs.

This week we have highlighted the impacts of Storm Ciarán.



Year 10 Football

The Year 10 football team progressed through to the 2nd round of the Lancashire Cup after a tremendous 3-2 victory over Colne Park High School. This was one of the best team performances Mr Newsham had seen the group play. Within the first two minutes we had secured a two goal lead, pouncing on mistakes in the opponents' defence. Our Lady's played the ball around very well, keeping possession and creating chances while nullifying Park's opportunities to score with strong defensive work. Goals came from Lee Reed (2) and Josh Jackson while other excellent performances included Harrison Collinson, Alex Black, Luke Kane and goalkeeper Sonny Jay Quayle.

Competition Winner

Over half term Year 8 pupil, Lena Siatka, took part in a Matsumara Kata Karate competition. Lena competed against numerous girls and boys in her category, winning all her fights to be awarded the competition winner.

Congratulations

Congratulations to Zuzanna Rapa who has been invited to participate in an FA Women's Talent Pathway Future Lionesses' on Saturday 11th November in Manchester. This is a wonderful achievement and we wish Zuzanna the best of luck on the day.

Netball Results

The Year 9 and Year 10 B netball teams had their first fixtures of the Preston Schools' Netball League away to St. Cecilia's on Thursday. The squad have been working hard in training and were eager to put this into practice.

St. Cecilia's couldn't field a 9 B team at the last minute, so instead of cancelling the fixture, we played against their Year 10 A team. To even up the playing field, their pupils had to play a different position. Consequently, the match was always going to be tough, but we took it as an opportunity to gain some extra training. There were many positives that came from the game, and we were able to experiment with different team combinations. The game finished 11-1 to St. Cecilia's, with the only goal coming from Poppy Moss. Player of the match went to Emma Gates, thanks to her excellent speed and agility round court, which allowed her to make several key interceptions throughout the game.

Year 10 B had a thrilling end-to-end match. The score was 2-2 at half time thanks to an excellent long-range shot from Mia Gould. Ellie Billingsley, Nicola Zamorowska and Sara Muszynska fought tirelessly centre court to intercept the ball and create attacking opportunities. At times, we tried to play too fast, and this resulted in some unforced errors. Although we had numerous shots at goal in the second half, we just couldn't convert it and we lost by just one goal. Player of the match went to Nieve Fraser for her excellent defending in the St. Cecilia's attacking circle.

Cross Country Update

Before the half term, we published how proud we were of all the runners that represented our school at the Cross Country Championship in Longridge. Due to a recording error, we also published that Rose Bartlett and Amelia Buchan came 5th and 6th - having reviewed this, we are very pleased to set the record straight and congratulate both girls on a 1st and 2nd place finish in their run.

Overall Team results

U12 boys - 1st

U12 girls - 1st

U14 boys - 2nd

U14 girls - 3rd

U16 boys - 2nd

U16 girls - 1st



Celebration of Sporting Successes

We are very proud to celebrate two of our Year 9 girls who were successful in their northern trial to represent England Schools. Evie Mitchell and Holly Wilson will now trial against girls from the Midlands later this year in a bid to get one step closer to representing their country at schoolgirl level. This is a fantastic achievement for both, we look forward to hearing future success from the girls and will of course celebrate with them along the way.

In another celebration of sporting recognition outside of school, our head boy Osian will take part in trials this weekend to represent Great Britain at American Football. Osian mastered his sport over many years and will hope to be selected to represent his country should he make it through the northern section of the trials at UCLan Sports Arena on Saturday. Good luck Osian!



Evie Mitchell had a fantastic half-term. She was fortunate to get on a Lioness Goalkeeper Training Day at St George's Park. She was 1 of 97 goal keepers to watch and train with the Lionesses and get some training tips from them. She came away with a signed goal keeper top and lots of photos.

To top it off, on the Friday Manchester United offered Evie a training day with the under 21s at Carrington and she can have dinner with Mary Earps.

Information

The image shows a teal-colored article cover for Kooth. At the top left is the 'kooth' logo. At the top right is the NHS logo with the text 'Providing NHS services' and another 'kooth' logo. The main title is 'Worrying world news: How can I help?'. Below the title, it says 'A Kooth article originally published at Kooth.com'. At the bottom, there is an illustration of a woman in a blue hijab and a man in an orange shirt sitting on a bench. A QR code is in the bottom left corner, and the website 'www.kooth.com' is at the bottom left.

Dates for your Diary

Friday 10 November - Year 7 Welcome Mass

Wednesday 15 November - PSHE Day 1

Thursday 16 November - Certificate Evening

Friday 17 November - Celebration Morning

Thursday 21 December - School closes for Christmas break

Monday 8 January - All pupils return to school



Careers

College Open Days



Year 11 pupils visit the Cardinal Newman website for more details of their open days and to book a place. Applications are now open and they are welcoming early applications.



Year 10 and 11 pupils interested in attending Preston College should visit their website for more details and to register for the Open Event.



Are you in Year 11, interested in attending Myerscough next year and would like to visit the campus? Please see Mrs Lin for more details.

Schools and Colleges

BAE Systems Lancashire
Apprentice Career Open Events

BAE SYSTEMS



BAE Apprenticeships applications are now open. If you are interested you are strongly urged to apply early. Please check your school email for the link I sent over half term or visit their website. If you need any further help please see Mrs Lin.

Being One of Ours

Careers

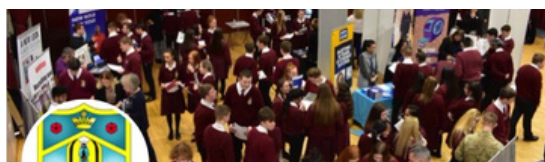
Careers Cafe Launch

Launch date - Friday 10 November for our new Careers Cafe.

This will be held fortnightly with a guest representing a particular field of work. Small groups of pupils, with a genuine interest in a career in that field will be able to participate, allowing for bespoke questioning, feedback and information on the best ways to get into that field.



@CAREERSOLCHS



OLCHS Careers
@CareersOlchs

Welcome to our meaningful and inclusive careers programme, celebrating our expansive careers ambition, community and culture. Gatsby 8 accredited, QIC ready.



Follow Our Lady's Careers on X, formerly known as Twitter for updates on events in our careers programme.



OLCHS Alumni Group

News of the OLCCHS Alumni Group was shared on social media over half-term, resulting in a flurry of activity. If you are a former pupil of Our Lady's, Cuthbert Mayne or Edmund Campion and would like to join, follow the link below and fill in the very short Google form. Please share with family.

Link to join the Alumni Group:

https://docs.google.com/forms/d/e/1FAIpQLSdXEOM9zjKi8Kj4GzxnEpXTHTlKt3nTbyclQO0K2-vqk3DFpg/viewform?usp=sf_link

Thanks Mrs Lin