



Our Lady's Catholic High School



Newsletter No. 29

5th May 2023

Prayer Theme Next Week: The Way, Truth and Life (John 14:1-12)



The way: We follow Jesus's example to help us live our lives, but he does not give us a guidebook for every issue and problem we face. There are lots of things we need to work out for ourselves. Jesus didn't say, 'I have a way', he said, 'I am the way.' 'If you know me, you know my Father.' Follow his way and you will be on the right path. The truth: God fully reveals himself in the person of Jesus. He is God's gift of his true self to us. The life: God made Jesus to be fully human. God also made you! Your life is a gift from God. You are not a mistake but a true, unique example of God's love.

Dear Lord

Help us to recognise you in others and in ourselves.

Remind us daily that we are fearfully and wonderfully made. (Psalm 139)

Amen

BOOO Virtues

Congratulations

Year 7: Emilia Eastham

Compassionate and attentive

Year 8: Patrick McCaul

Attentive, discerning, curious and active

Year 9: Chloe Turner and Isabelle

Stringer

Kind and compassionate

Year 10: Regola Joseph Oca

Curious and active

Year 10: Judy Elbanny

Generous and grateful

Year 11: Ben Robinson

Intentional and prophetic



Car Parking and Drop Offs



We have been asked by the staff at St. Anthony's Catholic Primary School and Father Peter, that parents of pupils at Our Lady's do not use the church car park before and after school.

There has been a number of concerns raised with them recently about parking. We want to ensure that all local children can travel to and from their respective schools safely. Could I make the following suggestions to all parents and visitors of our school, to ensure every pupil's safety :

- Walk to and from school where possible to reduce traffic in the area.
- Always park with consideration for others.
- Ensure that all marked pathways and crossings are kept clear at all times.

Being One of Ours

Normandy News

Thursday 27th April

After a smooth overnight journey, 86 Year 8 pupils, 7 KS4 Young Leaders and 12 staff visited the beautiful harbour town of Honfleur. A favourite destination for artists such as Monet. Pupils enjoyed walking around the port and practising their French in one of the many ice-cream shops.



Friday 28th April

A day at Mont St. Michel. Pupils had a guided walk across the bay, experienced the quick-sands, learnt about the history, the tides and the wildlife of this popular tourist destination. In the evening, after, dinner the egg protection competition was in full flow!



Saturday 29th April

First stop - Merville Francheville Batterie, a formidable German Army fortification. Pupils explored the bunkers and learnt about the importance of the neutralisation of the battery as part of the D-Day landing operation.

Each bunker houses an exhibition with a different theme. One even simulates the attack by British Paratroopers on the German position so it feels like you're in the middle of the battle.



Being One of Ours

Normandy News

Normandy Trip - continued

Next stop - Pegasus Bridge

The group visited this famous bridge dedicated to the 6th British Airborne Division. This bridge was captured as part of a mission to take two bridges after landing Horsas Gliders nearby.

On June 26th 1944, this bridge, the Caen Canal bridge was baptised Pegasus Bridge as a tribute to the British troops. We could see the bullet holes and other marks made during the fighting. It was an impressive sight and, in fact, the whole museum impressed us with the sheer quantity of exhibits to see.

One of the highlights of the day was undoubtedly the 360° cinema overlooking Arromanches. The film shown here lasts around 20 minutes and is entitled "100 days". It uses archive footage and state-of-the-art animation to detail the story of the D-Day landings and also serves as an emotional tribute to the 20,000 civilians killed during one of the most ambitious military actions of the 20th century.



Next stop - we travelled to Bayeux (and back in time by over 900 years) to see the world-famous Bayeux Tapestry; referred to by the staff in the museum simply as, "The Masterpiece."

The final visit of the day was the British Cemetery in Bayeux to pay their respects.



After dinner, pupils and staff enjoyed playing football, tennis, rounders and badminton outside in the beautiful chateau grounds, followed by karaoke.

Sunday saw the journey home via the tunnel, all went smoothly and the group arrived safely back at school, tired but grateful for the incredible experience.



Being One of Ours

Sports News



FA Women's England Talent Pathway

The Football Association has selected Evie and Holly from Year 8, to attend the National Talent Event at the end of May.

These events are organised to allow England FA staff to work with players who they feel have the potential to progress on their Women's England Talent Pathway.

What an achievement! We are so proud of them both and wish them every success.



Year 10: Mixed Volleyball

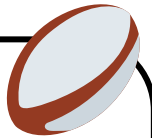
A mixed team of Year 10 volleyballers took part in a development competition hosted by Archbishop Temple on Wednesday evening.

Despite this being a relatively new sport within the district, the standard of play was very high. In total, six teams attended (across four schools) within our district. Our Lady's started strong securing a 15/10 win over Eden Boys, which gave confidence moving forward. After all fixtures were played, Our Lady's came second overall - a fantastic achievement within a new sport to the school.

Standout performances from both Gabriela and Harry.



Year 10: Rugby



Congratulations to two Year 10 pupils, who have achieved Rugby success at county level with their clubs.

Firstly, Henry Latham played in the Lancashire Bowl final for Garstang against Aldwinians and won 29-19 to be crowned Lancashire Bowl Champions. He assisted in the scoring of two tries.

Secondly, Hector Draper won the Lancashire Cup final with his team, Preston Grasshoppers, against a strong Leigh side. The final score was 38-12 to Hoppers, resulting in them becoming Lancashire Champions.

Both pupils faced a tough route to their respective finals. This included five group games, followed by a quarter final and a semi final.

A huge well done to both students.

Sports News

Swimming: British National Championships (14-16)



At the weekend, Emil competed in the regional stage of the British National Championship. He raced a personal best in the second leg of the 4 x 100m freestyle relay team in the British National Championships.

A day later, on Sunday, 30th April, Emil raced another personal best in the butterfly leg of the 4 x 100m medley relay, achieving 1st place with his team. The team has been awarded the accolade of North West Regional Champions for both events and are hopeful that their time will qualify for the British National Championships.

Emil has a busy schedule of races ahead and will be competing in the following British National races:

- Men's 4 x 100m freestyle relay
- Men's 4 x 100m medley relay
- Men's 4 x 200m freestyle relay

Emil will also be competing in the following English National races:

- Men's 100m backstroke
- Men's 50m backstroke



A huge congratulations to Emil and his team on these achievements. We wish him all the very best in his upcoming races.



Athletics Results

Congratulations to Year 7 pupil, Jemma McMaster, who took part in the annual athletics open meeting at Trafford Athletics Club last weekend. She competed in both the 75m and 150m respectively, setting personal bests in both events by over half a second.

In the 75m, Jemma ran an impressive 10.2 seconds finish first. She came second in the 150m with a time of 20.5 seconds.

A huge well done and good luck to Jemma as she competes in another Youth Development League competition next weekend.



Football News

Cup Finals at Deepdale

Friends and family are encouraged to come and support our three OLCHS teams who have reached Preston Schools' Cup Final.

The finals will be held at Preston North End Football Club on the following dates:

- Y7 girls - Tues 9th May 3:30pm
- U14 girls - Tues 9th May 4:20 pm
- Y11 boys - Wed 10th May 7:00pm

Tickets are £3 for adults and £1 for concessions, payable in cash on the turnstile. Entry to the grounds is through turnstiles 1-4 at the South side of the Tom Finney stand.

Year 7: Preston Schools' Cup

Year 7 girls travelled to Fulwood on Wednesday for the semi final of the Deepdale Cup.



Both teams played fantastic football and at full time the teams couldn't be separated with a score of 1:1. We went to penalties and due to a fantastic save by our keeper Lily and then an additional goal by Isobel, we are through to the final on Tuesday at Deepdale.

Year 11: Preston Schools' Cup

The Year 11 team have reached the Preston Schools' Cup final for the second consecutive year and will be looking to finish their school football experience lifting the prestigious Lucas Shield after agonisingly missing out in the Year 10 final.



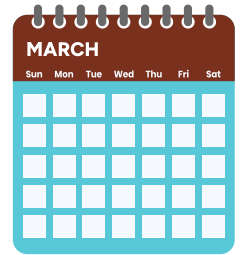
Their quarter final game was a thrilling 3-2 victory over Broughton High School. After going 0-2 down, the team never gave up and a hat-trick from Leighton, sealed the outstanding come-back. The final goal was scored with only 30 seconds remaining of extra-time.

The semi-final encounter, against Archbishop Temple School, was a more comfortable 3-1 win with goals coming from Toby (2) and Oliver.

The team now face Corpus Christi Catholic High School in the final on Wednesday 10th May, which is hoping to be an exciting finale to the school football calendar.

Information

Dates for your Diary

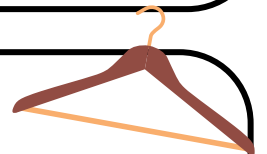


- Monday, 8th May - School closed for the Coronation of King Charles III
- Monday, 8th May - Mental Health Awareness Week
- Wednesday, 10th May - Year 10 Geography field trip (Group 1)
- Wednesday, 10th May - Year 8, forms O, U & R: Young Enterprise loan repayment
- Thursday, 11th May - Year 10 Geography field trip (Group 2)
- Thursday, 11th May - Year 8, forms L, A & D: Young Enterprise loan repayment
- Friday, 12th May - Year 10 Geography field trip (Group 3)
- Wednesday, 17th May - Year 7 Cake Sale
- Monday, 22nd May - Year 10 Work Skills trip
- Friday, 26th May - School closes for half term holidays

Half Term

- Friday, 9th June - Duke of Edinburgh Bronze practice expedition
- Thursday, 15th - Sports' Day
- Tuesday, 27th June - Prefects' Ball
- Wednesday, 28th June - Shrek the Musical school production
- Thursday, 29th June - Shrek the Musical school production
- Thursday, 29th June - Year 6 Parents' Talk
- Friday, 30th Jun - Shrek the Musical school production
- Tuesday, 11th July - Sports' Presentation Evening
- Friday, 14th July - Rewards trip
- Friday, 21st July - School closes for the summer at 12:45pm

Uniform Donation



If anyone has any good quality uniform that they no longer require, we would be very grateful for any donations. We are particularly short of girl's school trousers. We thank you for your kind donations.

Year 7 Cake Sale: 17th May

Year 7 will be holding a cake sale for pupils during the school day on Wednesday, 17th May. The cake sale aims to raise money for the Salvation Army.

Please can Year 7 pupils make or send in cakes for the sale if possible, to help with our fundraising efforts.



Year 8: The Entrepreneur Enterprise Competition

All Year 8 pupils will be taking part in The Entrepreneur Enterprise Competition in their Design & Technology lessons, which started on Monday 20th March. Pupils will be working in groups of three and will be given a £10 loan by OLCHS. **The loans are repayable on 10th May 2023 for forms O, U & R and 11th May 2023 for forms L, A & D.**

They must run enterprising activities, which will allow them to make as much profit from their loan as possible. All profit is to be kept and equally distributed within the groups. Each group will make a short presentation (including photographic evidence) to their class about their activities and a winning team from each class will be selected and then go on to compete in a grand final on 17th May. Good luck!

RULES

- Pupils are not allowed to do the lottery or play the lottery.
- Pupils must not sell goods within school time under any circumstances. This includes selling sweets on the quad or yard at break or lunch.
- Pupils should refrain from cake sales and car washes, trying to be more creative with their ideas.
- All groups will be expected to pay the £10 loan back in full.
- The work that pupils do in their groups must be divided up equally between all three members. Profit must be shared out equally at the end of the activity.
- Groups **MUST** provide photographic evidence of their activity.



Workshops for Parents:



Course Outline

Course: Together Workshop For Parents: You and Your Young Person

Duration: 2.5 Hour session

Format: Virtual or Face to Face closed courses. Open access virtual evening delivery is running regularly throughout the year.

Course Description:

This workshop is aimed at supporting parents/supporters of children who struggle with their mental health. The workshop promotes understanding by sharing and learning with other members of the workshop. Providing tips and techniques in supporting family wellbeing when your young person is struggling.

Course Content

- Facilitated by an experienced mental health trainer.
- Audio visual training resources.
- Information and resources to support children and young people.
- Lancashire Mind Wellbeing Passports for children and young people.
- Lancashire digital wellbeing pack for Parents and young people.

Learning Outcomes:

Alongside other parents and carers, attendees will explore:

- Myths and facts surrounding mental health.
- Common signs and symptoms.
- Dealing with Challenges.
- Communication and reflection.
- Where to get Support
- Self care and family wellbeing.

Course Outline

Course: Together Workshop For Parents: Understanding Self Injury Together

Duration: 2 Hours

Format: Virtual or Face to Face closed courses. Open access virtual evening delivery is running regularly throughout the year.

Course Description:

This Together Workshop is aimed at supporting parents/supporters of children who struggle with self-injury behavior. The workshop was co-produced with CYP professionals and parents; and aims to support parents and carers whose children or young people self-injure. The workshop validates the lived experiences of parents and carers and supports them in managing self injury behavior of a child or young person by destigmatizing the behaviour and promoting awareness of practical strategies.

Course Content

- Facilitated by experienced mental health trainer.
- Audio visual learning aids.
- Access to a Self Harm Safe Kit which will include physical kits and resources (whilst available) or downloadable alternatives for them to access and use freely.

Learning Outcomes:

Alongside other parents and carers, attendees will:

- Have a better understanding of the stigma around self-harm.
- Have a better understanding of how to promote effective communication around self injury behaviour.
- Have confidence in responding to their child/young person's emotional aftercare following self-injury.
- Have a better understanding of strategies to support their child or young person

To book your workshop contact training@lancashiremind.org.uk

The City of Preston Annual

Corpus Christi Procession



at St Walburges' Shrine Church

Sunday 11th June 2023 at 2.00pm

All Parishioners and Parish groups, Schools, Colleges, Choirs, Uniformed organisations, Readers, Religious, Clergy, Catholic Organisations, Families, Children and especially, First Holy Communicants, are all invited to take part, on this special and important Feast Day, in this public act of Witness of our Faith.



Information



“Join us for an adventure of a lifetime with 5th Preston Scout Group!”

Our Beavers, Cubs, and Scouts programs offer exciting opportunities to explore the outdoors, make new friends, and learn new skills.

5thPreston.org.uk



GIVE IS A SCAN

Mondays
Beaver Scouts (ages 6-8)

Tuesdays
Indiana Explorer Unit
(ages 14-18)

Thursdays
Scouts (ages 10½ -14)

Fridays
Cub Scouts (ages 8-10½)

All sections meet at The Douglas Hall on Douglas Road in Preston PR2 3AR. For exact meeting times, please contact us at enquiries@5thpreston.org.uk



Lancashire Science Festival 2023

Inspire the next generation of scientists, engineers and mathematicians



The popular UCLan Science Festival takes place again on Saturday 20th May between 9am and 4pm. For more information about this event and to book your festival pass, please use the link below:

<https://www.uclan.ac.uk/lancashire-science-festival/public-day>

Being One of Ours

Careers

Current Vacancies Our Ladys' Catholic High School

- Teacher of Design Technology - Closing date: Monday, 15th May
- Teacher of History - Closing date: Monday, 15th May

For the full details, please take a look at the school website and download an application form. The deadline for all applications is 12 noon on the dates shown above:

www.olchs.lancs.sch.uk/school/information/vacancies

Apprenticeship, Employer & Adult Education Showcase

Come and see what you can be in 2023!

Wednesday 10 May, 4:30-7pm
@ our Leyland Campus



www.runshaw.ac.uk/study-at-runshaw/i-am-16-18-or-19/reserve-my-place/

Being One of Ours