



Our Lady's Catholic High School



Newsletter No. 26

31st March 2023

Prayer Theme Next Week: The Last Supper (John 13:1-15)

Pope Francis washes Prisoners' feet every Maundy Thursday

In Biblical times, foot-washing was the job of a servant. Jesus washes the outside of his disciples' feet, but soon his actions would make their insides clean as well. Jesus is also indicating that he came to be a servant and Pope Francis does the same. He washes the feet of men and women in prison with gentleness and compassion. We too are being called to serve one another in the same way.



Dear Lord

May we who share in Christ's generosity by being generous to others.

May we hunger and thirst for reconciliation and may we be the peacemakers.

May we give of ourselves, not counting the cost.

Amen

BOOO Virtues

Congratulations

Year 7: Lacey Wlazlo

Kind and Compassionate

Year 8: Theo Cottam

Compassionate and Attentive

Year 9: Milosz Skrzdlak

Compassionate and Generous

Year 10: Eva Nugent

Attentive and Discerning

Year 11: Leon Smith and Mark Law

Attentive and Discerning



Grace Before Meals

The pupils in the Faith in Action Group have been working together to write a selection of Graces for Mr. Charnock to choose from.

This is the prayer selected by Mr. Charnock, which will be included in all pupil planners from September.

Dear God

Help us to be grateful for our food today,

And for the generous hands that made it,

As we remember those who are less

fortunate,

Amen

Being One of Ours

STEM Challenge Day

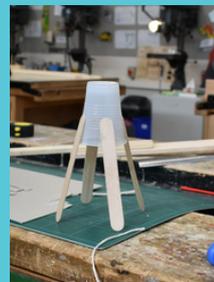
On Friday, 24th March, teams of pupils worked together to solve the Meteor Challenge by designing and creating a practical solution.

The pupils started the event with a briefing about a radioactive meteor that had landed in the school field and needed safely removing. Pupils were given specific safety information around the handling of the meteor, maintaining a 2 metre distance at all times.

Pupils worked together in their teams to design and build a device that could reach the required distance, retrieve the meteor and safely transport it to a container. Pupils sketched their designs, considered the materials, joins and tools they would need before constructing their inventions.

After time in the workshops completing their devices, teams moved onto the field to put them to the test. Each team was given 5 attempts to safely retrieve the meteor.

The winning team, Lizzy, Cody and Josh, retrieved the meteor quickly on their first attempt. Runners up: Mark, Poppy, Leo and Leanna were a very close second retrieving the meteor on their second attempt. A valiant effort by all the teams with some really creative solutions.



GCSE Art Trip to Liverpool

On Wednesday, a group of Year 10, GCSE Art pupils travelled to Liverpool to take inspiration for their upcoming GCSE Art project.

The trip started with a photo opportunity at the Chinese Gate before walking through the Baltic area of Liverpool enjoying the variety of street art. Pupils had their cameras with them to take photos for work



in their sketchbooks.

Pupils then travelled onto St John's Garden's to enjoy their lunch outdoors.

In the afternoon, pupils visited the World Museum to see the Egyptian and World Cultures Galleries. They also enjoyed a visit to the Walker Museum with a wide variety of sculptures, designs and paintings on display too.

A really enjoyable day of art and culture was had by everyone.



Sports News

Y9 Football



On Monday, OLCHS hosted Haslingden at Corpus in the last round of the Lancashire Cup, before semi-finals.

Haslingden are always strong due to be a big school and have a long standing football success. Both teams were well drilled and made use of the full pitch. There was some fantastic passes along with some wonder saves by Lily Blackhurst.

At half time, it was 0-0 and really felt like both teams could win it either way. With lots of defending, attacking and pushing forward, both teams could not score a goal. It went to additional time and still we couldn't put a goal past the keepers. Staff decided on penalties.

We unfortunately missed 2 and scored 1. Haslingden scored 2. It was a difficult end to what had been a wonderful game. The girls played so well and worked hard as a team unit, narrowly missing out in a place in the semi finals of the Lancashire Cup. Player of the game went to Suzanna Rapa.

The girls are still in the Deepdale Cup and we push forward with that campaign against St. Ceceilia's

Year 7 & 8 Netball



On Wednesday, the Year 7 and 8 (A and B) netball teams competed in the Preston Schools' Netball Tournament. Organised by Our Lady's, there were twenty-three teams involved. Our Lady's was one of only two schools to have four teams taking part, which shows the commitment from our pupils.

Year 7B were in a tough league facing several A teams. However, they managed to finish a respectable third, beating Moor Park and St. Cecilia's B team, just narrowly missing out on qualification. The Year 8B team had a similar situation and had several close matches. They won one game and drew another, but it was not enough to qualify. The girls showed great determination throughout.

Year 7A got off to a flying start winning four of their games and drawing one in their league, qualifying first place to go through to the semi-finals. They faced Archbishop Temple and managed to keep their cool winning 6-2. Our Lady's were against a strong Longridge team in the final. At half time we were three goals down. However, after a positive half time pep talk, the girls came out determined and managed to pull it back, winning 5-3. An amazing effort and huge congratulations to the team.

Orienteering Competition

A huge congratulations to Rachel and Esther who have won the orienteering competition this half term.



Year 7: Basketball

The Year 7 boys continued their great start in basketball winning the regional pool for the new 3v3 basketball tournament.



The team, Jack, Sam, Oliver and Bobby, won all their games beating Lytham High, Longridge and Archbishop.

They have qualified for the Lancashire Final.



Student Council Meeting

The student council representatives met with Mr. Horn last week to discuss progress with the issues raised at the last meeting.

It was a really positive meeting with lots of super suggestions.

The student council comprises a group of elected pupil representatives for each year group. They meet regularly, providing an opportunity for pupils to raise concerns, make suggestions and organise pupil led events in school.



Dates for your Diary

- Tuesday, 4th April - Year 10 Futures Day
- Thursday, 6th April - School closed for Easter at 12:45pm

Easter Break

- Monday, 24th April - School opens for Summer Term
- Wednesday, 26th April - Year 8 Normandy
- Wednesday, 26th April - Y10 Young Enterprise Competition
- Monday, 1st May - School closed
- Monday, 8th May - School closed for the Coronation of King Charles III
- Friday, 26th May - School closes for half term holidays

Half Term

- Friday, 9th June - Sunday, 11th June - Duke of Edinburgh Bronze Practice Expedition
- Tuesday, 27th June - Prefects' Ball
- Thursday, 29th June - Year 6 Parents' talk



Bus Route Changes

Preston Bus will be removing the 88 bus service.

There will be a new service (48) with a new route and timetable.

Please use the link for more details: www.prestonbus.co.uk/news/service-changes-between-1st-april-and-1st-may-2023/



Information

NSPCC: Listen Up Speak Up

The NSPCC have launched a ten minute training to give adults practical advice on what to do if they're concerned about a child. In January, this year, the Listen Up, Speak campaign was launched following a 14% increase in calls to their helpline about in-personal sexual abuse compared with the previous year.

If you would like to take part in the short online, training, please click the link:

www.nspcc.org.uk/support-us/listen-up-speak-up



changetalks

Change Talks is a multi-award winning, health education service delivered by the Prevention and Engagement Team at Lancashire and South Cumbria Foundation Trust.

The team are running a series of workshops via Zoom for parents and carers, to support learning on different mental health topics, including a session on learning disabilities and autism.

For more information or to join a session visit lscft.nhs.uk/changetalks/workshops or scan the QR code



Easter Half Term Activities Grange Park

Join us at Grange Park for a family fun day, full of Easter activities for everyone to enjoy.

Wednesday 5th April, 1:00 – 3:00pm at Grange Park Milton Drive, Ribbleson, Preston, Lancs, PR2 6EN

Activities Include:

- Easter Egg Hunt
- Arts and Crafts
- Nature Trail Walk
- Egg Decorating

Food Provided on the day

Please call 01772 531948 or email cfwprestongroups@lancashire.gov.uk to book a place.



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Careers

Current Vacancies Our Ladys' Catholic High School



- Teacher of Design Technology - Closing Date: Monday, 24th April
- Teacher of Geography - Closing Date: Friday, 5th May

For full the full details, please take a look at the school website and download an application form. The deadline for all applications is 12 noon on the dates shown above:

ww.olchs.lancs.sch.uk/school/information/vacancies

Preston Caravans and Motorhomes: Apprentice Opportunity

Preston Caravans and Motorhomes is a family run business, and supply some of the UK's top brands of caravans and motorhomes. We're a friendly team, and many of our staff have 20+ years industry experience. Our apprenticeship scheme provides the environment and training for the next generation of Service & Maintenance Engineers. You will be fully trained in mechanical, electrical, gas, plumbing, heating and joinery by working alongside one of our expert engineers and experiencing the industry on manufacturer factory tours. Once these skills are attained PCM will provide access to a nationally recognised certification as below:

- *NCC Caravan Service Technician Award*
- *STGW Gas Training for Service Technicians Certificate*
- *NCC Electrical Test and Inspection Certificate*
- *First Aid qualification*

 Pay & Holiday Guaranteed 20% uplift on minimum wage plus 28 days paid holiday inc Christmas-NYE off	 Practical Skills 3 year "hands on" apprenticeship partnered with industry trained professionals one on one	 Fully Funded We supply your toolbox, uniform and safety wear as well as paying for your industry qualifications	 Bright Future Earn your 3 major qualifications, and you can begin a successful career in our onsite workshop
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 **APPLY AT WWW.PRESTONCM.CO.UK/APPRENTICE OR EMAIL FUTURES@PRESTONCM.CO.UK TO REQUEST FURTHER DETAILS**

Only two places available for our unique apprenticeship, so apply now!

Apprentice Highways Operative



Lancashire County Council is pleased to offer Apprentice Highways Operative opportunities. These 24-month training opportunities are based in various locations across Lancashire within the Highways Service, with 7 vacancies across Lancashire. As a Lancashire County Council apprentice, you will be fully supported with specialist training, internal work rotation and a full mentor support system to ensure you get the best out of the apprenticeship.

The course will start in August 2023 and you will be expected to show a commitment to learning during your apprenticeship training. To find out more information about the role and how to apply use the following link to the website: www.lancashire.gov.uk/jobs

Being One of Ours

Careers

Careers Fair

Yesterday, 30th March, we had representatives from a number of local and national organisations represented at our annual Careers Fair. Pupils were able to talk to a variety of employers and colleges about career and study opportunities. The pupils in Year 9 and 10 visited many of the stands to talk to employers and educators and ask questions about the opportunities available.



Apprenticeship Opportunity: Toni & Guy

**TONI&GUY
PRESTON**

Toni & Guy are currently recruiting for an artistic, talented individual who has the flair and ambition to be successful. For more information about the position, please see the website. Application forms are available at reception and should be handed in at the Preston salon in person.

www.toniandguy.com/careers/apprenticeships

Train to Teach in your Local Schools



Teacher Training courses starting September 2023

FAQ: Where can I train to teach with the Catholic Teaching Alliance?

Answer:

- Primary (3-7 yrs) or (5-11 yrs) in Preston and East Lancashire
- Secondary (11-16 yrs) in Preston and Blackburn
- Post 16 (14-19 yrs) in Preston

For minimum entry requirements for the PGCE with QTS (Qualified Teacher Status) courses or for more information, please contact us by phone 01772 326931 or email

ctaschooldirect@olchs.lancs.sch.uk Website: <https://www.catholic-teaching-alliance.org/>

Being One of Ours