



Our Lady's Catholic High School



Newsletter No. 23
10th March 2023

Prayer Theme Next Week: Water of Life (John 4:5-42)

The Woman at the Well.

'God is spirit, and those who worship must worship in spirit and truth.'

In this week's Gospel, we see Jesus as a weary and thirsty traveller. He presents himself as the one in need, asking the woman for a drink. She is surprised that a Jew would ask a Samaritan for help, but he tells her that if she knew who he was, she would be asking him for water, and it wouldn't be water from a well. Jesus wants the woman to worship God as she is, where she is, in spirit and in truth. The message is the same for each of us. Jesus is the living water. He is always ready to meet us wherever we are.



Dear Lord,
Meet me right where I am.
Amen.

BOOO Virtues

Congratulations

Year 7: Willow Rimmer
Attentive and Discerning
Showing strength

Year 8: Holly Jones
Curious and Active



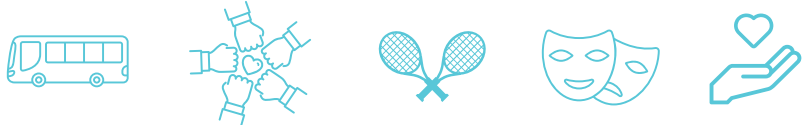
Year 9: Grace Collum and Georgia
Beesley
Kindness
For helping a pupil into school

Year 10: Elise McQuade
Attentive and Compassionate
For helping pupils in art.

Year 11: Allegra Marino
Attentive and Discerning

Pledge Badge Award

There are lots of extra curricular activities and trips happening in school. Every child earns Pledge Points for the extra curricular activities they join in with.



Youth Pilgrimage to Lourdes

The Diocese of Lancaster are organising a youth pilgrimage to Lourdes on the 20th - 29th July 2023.

There are fundraising opportunities available within school to subsidise these places.

If you would like more information about the trip or wish to reserve your child's place, please contact Sarah Lee via email: SAL@olchs.lancs.sch.uk.

The deadline to reserve your child's space is Friday 17th March 2023.

Young Musician Competition

On Thursday, 9th March, many of our pupils took part in the Our Lady's Young Musician Competition with Mrs Hayler. A big thank you to Mr. Cruickshanks from the Music Department at Cardinal Newman College for judging the event yesterday.

Intermediate Competition Winner: Louie Brooks 8D

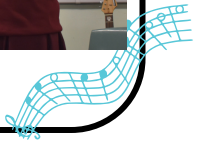
Runner Up: Sol Evans 8U

Advanced Competition Winner: Charlie Cooke 10R

Runners Up: Eli Mutendi 8A and Owen Law 9D

Highly Commended: Joe Dixon 11L; Catriona Duffy 10L; Eva Kennedy 9R; Kayden Turner 11O; Lizzy Moran 10L; Courtney Lindsay 11U; and, Katy Davies 9R.

Well done to all those that took part.



Health & Social Care

On Friday 3rd March, three of our Year 11 Health and Social Care pupils took home our RealCare Infant Simulators to care for over the weekend.

The simulators are very life-like with a range of sensors. Just like a real baby, they need 24-hour care including careful handling, feeding, changing and dressing appropriately.



Stemettes

On Tuesday, 7th March, fifteen of our Year 9 girls travelled to the Lancaster University School of Mathematics, situated at Cardinal Newman College. The aim of the event is to encourage girls to get involved within STEM (Science, Technology, Engineering and Mathematics) activities.

Our pupils worked with pupils from two other schools to build their own website using HTML. The websites focused on cyber security. The pupils had never used HTML before and initially found it tricky. The girls showed resilience and produced an excellent webpage, which they presented in front of other pupils.

The pupils presented themselves in an excellent manor and have been invited back for another session in July.

To find out more about Stemettes visit: www.stemettes.org



Sports News

Lancashire Schools Cross Country

Congratulations to Will Murray who competed for Preston in the Lancashire Schools Cross Country at Witton park in Blackburn on 4th February.

Will finished 24th in the Year 11 boys age group.



Mixed Year 10 Netball

Congratulations to the Mixed Year 10 Netball team who won 4-3 at Carr Hill High School in Kirkham on the 1st March.



Table Tennis: Under 16 and Under 13 Girls Competition

On Monday, 6th March, a group of 13 pupils from year seven to eleven took part in the Preston Schools' Table Tennis competitions against Archbishop.

The girls have been in training for several weeks and were looking forward to finally putting their skills into practice. The matches were very close. There were individual wins for Isabelle Holden (Year 7), Charlotte Walker and Meera Patel (Year 8), Isabelle Potts (Year 9), Scarlett Willans (Year 10) and Millie Lonergan (Year 11).

We will find out in due course if we qualify for the next round after fixtures have been played at Moor Park.

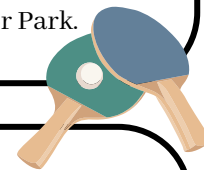


Table Tennis: Under 16 and Under 13 Boys Competition

The Preston Schools' Table Tennis competitions have been taking place recently and it was the turn of the boys teams this week.

The competition took place at Moor Park High School and eight boys from Year 8, 10 and 11 represented Our Lady's. Each pupil played a number of other pupils from Moor Park and Broughton High Schools in single table tennis games. The quality of performances from all pupils was excellent; all demonstrating great focus and endeavour to win for their school.

Both the Under 13 and Under 16 teams finished third in their respective groups.



Lancashire County Swimming

Congratulations to the following swimmers who have competed in the Lancashire County Swimming Championships this year. They have raced against the best in the county and had some phenomenal personal successes, gaining final places across a range of events.

Congratulations to Lucy Beesley, Lucy Mullholland, Freya Jones, Will Murray and Emil Dawkins for qualifying for the championships.

A special mention to Emil Dawkins who gained the 50m Backstroke and 100m Backstroke titles and is currently Lancashire champion for these two events.



Netball Preston Schools Tournament: Year 11

On Wednesday afternoon, 8th March, the year eleven netball team competed in their final Preston Schools Netball Tournament. The squad have been training hard every Friday lunchtime and were quietly confident going into the competition.

The conditions weren't ideal, however, the girls did not let this phase them. They had some very closely contested matches. Millie Lonergan and Sophie Johnson shot well under pressure, whilst Mariyah Mal and Erin Blackburn marked their players tightly in the defensive circle making shooting opportunities difficult for our opponents. We played too quickly in the first couple of games and lost possession a few times, but we soon got into our stride.

Lucy Beesley, Mia Wilkinson, Holly Helm and Beth Moir started to play the ball well down court, driving forward to create attacking opportunities. The team won four out of their seven games and drew the rest. Consequently, we finished second overall behind Broughton, who just managed to win two more matches than us, resulting in them accumulating four more points overall. A great effort from all the team and a brilliant way to end their netball career at Our Lady's.

Thank you also to Katy Brown, Freya Jones, Lucy Mulholland and Judy Ellbbany from year 10 who came and helped with the scoring.



Basketball: Under 12

On Wednesday, 9th March, Harry Kirkman, Oliver Kelly, Jack Fletcher, Freddie Millington, William Fox, Patrick Taarffe, Deneo Shorrocks, Zach Kiraga, George Denton, Bobby Peace and Sam Walmsley played their final league game against Armfield Academy in the Lancashire Cup.

Our Lady's got off to a great start taking a 15-7 lead after the first quarter. Armfield were a good passing team but Our Lady's convincingly won 39-16.

This means the Year 7 team top the group after winning all their games and will have a Home draw in the quarter finals. The player of the match was Sam Walmsley who scored 15 points.



Expedition News

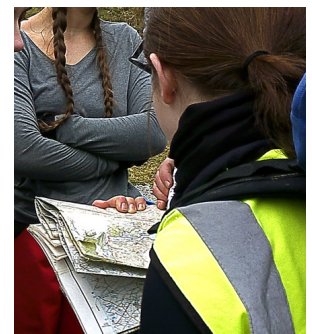
Outward Bound Course: North Wales

Over the February half term, twenty four Year 9 pupils attended a weeklong Outward Bound Course in the Ogwen Valley, North Wales.

The aims of the expeditions are to build resilience, extend pupils' comfort zones and gain an increased appreciation of the outdoors. Pupils took part in range of activities including kayaking, gill scrambling, gorge walking, mountain climbing and camping. All pupils threw themselves into the different activities and challenges.

The main event was a long-distance hike carrying food, stoves and tents. The boys groups camped out at 600m above sea level and got up for a 5:30am sunrise. They summited three mountains over 1000m too.

A great week and we were blessed with excellent weather too.



Being One of Ours

Information

Easter Rugby and Multi Sports Camp

We have been made aware of an opportunity at Garstang RUFC for boys and girls aged 12-16. The session will take place on Tuesday, 11 April and will cost £15 to include breakfast and lunch.

To book a place please follow the link below:

<http://www.clubs-hub.com/fylderugbycommunityfoundation/>



Dates for your Diary

- Thursday, 16th March - Year 8 Parents' Information Evening for the Normandy Trip
- Thursday, 23rd March - Year 7 Parents' Evening
- Thursday, 30th March - Music Concert in the Arts Theatre
- Wednesday, 8th April - Year 8 Futures Day
- Thursday, 6th April - School closed for Easter

- Monday, 24th April - School opens for Summer Term
- Wednesday, 26th April - Year 8 Normandy
- Monday, 1st May - School closed
- Monday, 8th May - School closed for the Coronation of King Charles III
- Friday, 26th May - School closes for half term holidays

- Friday, 9th June - Sunday, 11th June - Duke of Edinburgh Bronze Practice Expedition



Music Concert: 30th March 2023

You are invited to an evening of musical entertainment featuring our own pupils. Tickets are available to purchase on SCOPAY at a cost of £3 per person on a first come first serve basis.



Foundation Governor Vacancy

Our Lady's High School are offering a valuable opportunity to join our Governing Board.

We are beginning the process of recruiting a new Foundation Governor. This is a role held in high regard by members of the community and employers. It is an opportunity to make a valuable contribution to the strategic planning of our school and make a positive difference to the education of our young people.

We are seeking a practising catholic, who is able to provide a priest reference, to join our team. Training and support are given for anyone new to the role. The role will require the commitment to three full governing body meetings each year and three sub-committee meetings each year. Governors are also asked to support interviews for new staff and link with specific subject areas.

If you feel that you are able to meet the requirements of this fulfilling role, please contact ptt@olchs.lancs.sch.uk



Cleaner Vacancy

Our Lady's High School are looking for a site cleaner to join the team. For more information about the role, please take a look at our website and download an application form.

www.olchs.lancs.sch.uk/school/information/vacancies



St. Catherine's Prom Dress Pop-up Event

The popular prom dress pop-shop is returning on Saturday and Sunday 25th and 26th March from 10 am until 4pm on both days. The event features excellent quality dresses in a range of styles and sizes, at a price to suit every pocket. There will be fitting rooms to try on your favourite dress and no appointments are needed.

The event will take place in The Garden Room, St. Catherine's Hospice, Lostock Lane, Lostock Hall, Preston, PR5 5xU. For more information, call: 01772 313063.

HSBC Foundation Apprenticeships are now open for Applications!

HSBC's Foundation Apprenticeships are now open for application at various locations and areas across the bank, all with an expected start date of July 2023!

Application deadline: 26 March 2023.



HSBC would encourage you to apply sooner rather than later. Good luck! If you have any questions, please email: apprenticeship.team@hsbc.com

National Careers Week 2023: Virtual Careers Fair

6th March -11th March marks National Careers Week 2023.



To find out more about careers in a variety of different industries, visit www.nationalcareersweek.com to access a variety of resources.

A range of national and international employers are on display at the Virtual careers fair, visit: www.ncw2023.co.uk

Maintenance Engineer Vacancy



Lovania Nurseries are looking for a maintenance engineer to start in September who would study Level 3 Mechatronics with them.

The company are based in Tarleton, between Preston and Southport, slightly removed from the main roads therefore applicants would need transport every day.

If your son/daughter is interested could they please contact Grace using the email address: grace.gardner@t2000.co.uk or telephone 0125454659.

Being One of Ours