

# Our Lady's Catholic High School



Newsletter No. 22

3rd March 2023



## Prayer Theme Next Week: Transformation (Matthew 17:1-9)

In this week's Gospel, The Transfiguration of Jesus, we see Christ transformed by the knowledge of the suffering he will endure on the cross, and by the love of his Father. His face 'shone like the sun... his clothes became white as the light'.

Through our lives, we face many challenges, worries and times of sadness. Our ability to keep going often comes through the love and support of others. Through our difficulties, we share in the suffering endured by Christ and we are changed by it. When we are loved, we actually look different in our face and in our physicality. And of course, we feel better.

Let us pray

We too can be transfigured by Love. Love is capable of transfiguring everything. Love transfigures all! Do you believe this? (Pope Francis).



### BOOO Virtues

#### Congratulations

Year 7: Henry Myerscough (7U)

Attentive and Compassionate

For being attentive and compassionate towards others.

Year 8: Maisey Rawsthorn (8D)

Intentional and Prophetic

For making good choices.

Year 9: Zuzanna Gul (9A)

Generous and Loving

For supporting a fellow pupil in a difficult situation.

Year 10: Milly Breeze (10D)

Active

For being consistently Active for World Book Day.

Year 11: Angelika Smith (11R)

Compassionate and Generous

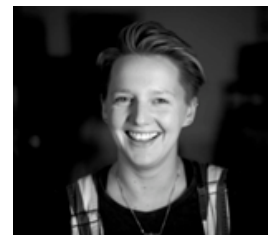
For offering to give up her time to help a younger pupil

### Science Live

On Thursday, 23rd January, 55 year 11 pupils attended GCSE Science Live at Bradford St. Georges Theatre, where they heard from 5 scientists including Professor Robert Winston and Dr. Anna Ploszajski who are at the cutting edge of their fields. We found out about their contributions to advancement of science in the wider world. We also had the opportunity to hear from the chief examiner and get some great exam technique tips to support the pupils in their up coming GCSE's.



gcse science  
**live!**



### Cake Sale: Year 70

Year 70 hosted a cake sale on Thursday to raise funds for Cafod and Sherwood Lodge Care Home. They raised £123.18. Well done to all the pupils involved and thank you for your generous donations.



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## LTA World Championships

On Friday afternoon, eight pupils across year 7 and 8 were invited along to Bolton Arena by LTA for a behind the scenes tour of the Wheelchair World Championships that has been taking place over the past fortnight.

The pupils had access to all areas of the tournament, inspecting the variety of wheelchairs - some costing upwards of £10,000, speaking with the umpires and organising team. The highlight of the visit for everyone was speaking with many of the tennis players. Gaining insight to the barriers faced with disability sport as well as the amazing lengths some of the players went to in order to make themselves a success in their sport.

It was a huge honour to have the opportunity to talk to Tokyo 2020, silver medalist and current GB number 1, Lucy Shuker. Lucy was truly inspirational as she told her story of how a motorcycle accident, just after her 21st birthday, left her paralysed. Not allowing this life changing event get in the way of her dream to be a professional sportswoman, Lucy picked up a tennis racket for the first time and worked tirelessly to pursue her ambition. Lucy went on to play at the London 2012 Paralympic Games, numerous Wimbledon finals and is the proud owner of a Paralympic bronze and silver medal.

It was a fantastic experience for our pupils to gain awareness and insight into the world of disability sport. All pupils were brilliant ambassadors for our school.



## Year 7 Football

Huge Congratulations to the Year 7 girls football team who beat Broughton 5-1 in the first round of the Deepdale Cup.

A fantastic effort and performance from all players including three goals by Sky Pickford and two goals scored by Suzanna Rappa.



## Music Concert

You are invited to an evening of musical entertainment featuring our own pupils.



The concert will take place in the Arts Theatre at 7pm on Thursday 30th March 2023, including solo performances from our recent Young Musician Of The Year Competition, with group performances from the Choir, Ukulele Group, String Ensemble, Guitar Group and Samba Band.

Tickets are available to purchase on SCOPAY at a cost of £3 per person on a first come first serve basis. We look forward to seeing you there!

## Pledge Badge Award

### Congratulations

Emily Sailsbury (7U)  
Performing Arts



Patrick Taafe (7A)  
Year Team Contribution

Eli Nyandoro (8A)  
Performing Arts



Molly Rawsthorn (10R)  
Catholic Ethos &  
Charity



Liam McCaul (11O)  
Catholic Ethos &  
Charity



## Garstang RUFC: Easter Rugby & Multi Sport Camp



We have been made aware of an opportunity at Garstang RUFC for boys and girls aged 12-16. The session will take place on Tuesday, 11 April and will cost £15 to include breakfast and lunch. To book a place please follow the link below:

<http://www.clubs-hub.com/fylderugbycommunityfoundation/>

## Dates for your Diary

- Thursday, 23rd March - Year 7 Parents' Evening
- Thursday, 6th April - School closed for Easter
- Monday, 24th April - School opens for Summer Term
- Wednesday, 26th April - Year 8 Normandy
- Monday, 1st May - School closed
- Monday, 8th May - School closed for the Coronation of King Charles III
- Friday, 26th May - School closes for half term holidays
- Friday, 9th June - Sunday, 11th June - Duke of Edinburgh Bronze Practice Expedition

## Badminton Competition

On Monday evening, Our Lady's hosted the Preston Schools' Under 16 Badminton Competition. Millie Lonergan, Erin Blackburn, Lucy Beesley, Lucy Monaghan and Nikita Fraser played in a mixture of both singles and doubles matches against Archbishop A, Archbishop B and Fulwood. We had some very closely contested games with Millie Lonergan and Erin Blackburn beating a Fulwood doubles pair 11-5. Lucy Beesley and Lucy Monaghan had a convincing double win over Archbishop 2 also 11-5.

Millie Lonergan had a tough singles game against Archbishop A's number one ranked player and managed to win 11-8 thanks to some excellent smashes. Finally, Nikita Fraser and Lucy Beesley beat an Archbishop 2 double pairing 11-4 thanks to some excellent serving by Lucy and some great drop shots over the net from Nikita. Despite several good matches, it was not enough to win the competition and Our Lady's finished fourth overall, but it was a great experience and the girls thoroughly enjoyed it.

Good luck to the boys in their upcoming competition.





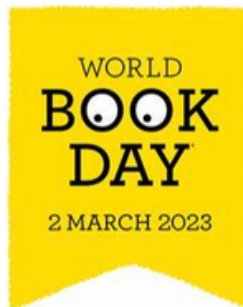
## World Book Day

A huge thank you for all your efforts in helping our school celebrate World Book Day yesterday, 2nd March. So many amazing books characters, in fabulous costumes, attended school yesterday. The day was filled with huge excitement about books and reading in general.

- Year 7 pupils enjoyed the World Book Day Quiz with Mrs Towers in the LRC.
- Year 10 Drama Group ran a workshop for some pupils in the Arts Theatre.
- Many Forms decorated their doors to represent their favourite books.

Reading is such a vital component for all pupils in order to access and participate fully in the curriculum. We encourage all our pupils to read on a daily basis.

Don't forget to use your voucher (emailed last week), before they expire on the 26th March 2023.



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## Year 9 Parents' Evening Feedback

Would you recommend this school to another parent?

✓ YES

98.2%

DO WE KNOW YOUR CHILD AS AN INDIVIDUAL?

Very Satisfied or Satisfied **100%**

DO WE ENSURE YOUR CHILD IS SAFE?

Very Satisfied or Satisfied **98%**

DO WE PROVIDE CLASSWORK THAT CHALLENGE PUPILS?

Very Satisfied or Satisfied **98%**

DO WE MAKE PARENTS WELCOME AT SCHOOL?

Very Satisfied or Satisfied **98%**

DO WE MAKE CLEAR WHAT HAS TO BE DONE TO IMPROVE?

Very Satisfied or Satisfied **98%**

## Free Primary Teacher Training Information Event



Would you, or anyone you know, like to train locally to become a primary (ages 5-11) or early primary (ages 3-7) school teacher? If you are (or soon to be) a graduate, you could train with the Catholic Teaching Alliance (CTA) in primary schools in the local area.

The Catholic Teaching Alliance invites you to attend a free, no obligation, information event at Our Lady & St Edward's Primary School, Fulwood, Preston PR2 3LP. This event is open to undergraduates, graduates and those looking for a change of career.

Date: Thursday 9th March

Time: 4.00pm – 5.00pm

Venue: Our Lady & St Edward's Primary School

If you are interested, please contact the CTA office on [CTAschooldirect@olchs.lancs.sch.uk](mailto:CTAschooldirect@olchs.lancs.sch.uk) or 01772 326931 to book your place.

## HSBC Foundation Apprenticeships are now open for Applications!

HSBC's Foundation Apprenticeships are now open for application at various locations and areas across the bank, all with an expected start date of July 2023!

Application deadline: 26 March 2023.



HSBC would encourage you to apply sooner rather than later. Good luck! If you have any questions, please email: [apprenticeship.team@hsbc.com](mailto:apprenticeship.team@hsbc.com)

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