

# Our Lady's Catholic High School

Friday, 3 February 2023

Newsletter No 19



The prayer theme next week is 'Light of the World'. (Matthew 5:13-16)

Jesus said to his disciples: 'You are the salt of the earth...the light of the world'.

Everyone, indeed everything, needs light. Without the sun, the planet would die. Light can brighten things up so that they look better. It can open up the dark areas of our lives so that we can work on them. Jesus encourages his disciples to share their light with other people, instead of keeping their gifts to themselves. He also tells them that they need to be light for others - showing them the way and shining brightly in the darkness.

Dear Lord

Let my light shine. Take me from my hiding place.

Amen

## **BOOO VIRTUES PUPILS**

Below are some of our pupils who have shown outstanding commitment to the BOOO Virtues this week and have been chosen by their Learning Manager for recognition.

Year	Name	Form	Reason
Year 7	Maisie Masterson	7O	For showing generosity and kindness to her peers and staff – generous and grateful
Year 8	Maisey Rawsthorn	8D	For making good choices - intentional and prophetic.
Year 9	Tehreem Mushtaq	9L	For lovely collective worship work – faith filled and hopeful.
Year 10	Alex Bekas	10R	For continually displaying, and epitomising, the Being one of Ours Virtues.
Year 11	Freya Hill Isabelle Oulton Katie Preece	11A 11D 11O	For completing extra prefect duties to support a member of staff – generous and grateful.

## **SOCIAL MEDIA AND MENTAL HEALTH**

Attached with this Newsletter is an information leaflet for parents on Social Media and Mental Health.

## **CITIZENS ADVICE**

The Yorkshire Building Society has recently partnered up with Citizens Advice to offer support to families in Preston. If anyone feels lost or needs advice and support with a problem they are experiencing, a free and confidential appointment can be made to speak to a member of the Citizens Advice team at the Preston branch. Appointments are available to everyone in the community not just Yorkshire Building Society customers. The service is available on a Wednesday by pre-booked appointment only. Please call 01772-507531 to book an appointment, if the lines are busy, it is possible to leave a message and ask to be called back.

## **APPRENTICESHIP OPPORTUNITY**

We have been asked to share the following information. Roberts Steel hair salon, which is situated on Garstang Road in Fulwood, have a Level 2 apprenticeship in hairdressing vacancy for 2023. It is a local family run business in its 16th year of trading. Any Year 11 pupils who are interested should send their CV to:

[natalie.rs@roberts-steel.co.uk](mailto:natalie.rs@roberts-steel.co.uk)

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## **MAKE YOUR MARK CAMPAIGN**

Please see the attached letter from Preston Youth Council. If any pupil would like to take part in the survey, they should follow the link on the letter to vote.

## **ATHLETICS NEWS**

On Wednesday, 25 January a group of Year 8 boys and girls competed in the Preston Schools' Indoor Athletics competition. This took place at Preston's College. Pupils faced a mixture of track and field events. There were some extremely strong team and individual performances. The boys narrowly missed out on a medal place. However, the girls finished a very respectful third place behind Broughton and Archbishop Temple.

## **FREE FACE-TO-FACE TEACHER TRAINING INFORMATION EVENTS**

Do you want to know more about teacher training locally? If you are (or soon to be) a graduate, you could train towards the PGCE with QTS (Qualified Teacher Status) qualification with the Catholic Teaching Alliance (CTA) in schools in the local area.

We have **two free, no obligation, information events** this term, open to undergraduates, graduates and those looking for a change of career. Come along to talk to our programme leaders.



For more information on Secondary teacher training:

**Date: Friday 10 February**

**Time: 2.30-3.30pm**

**Venue: The Training Centre, Our Lady's Catholic High School, Preston PR2 3SQ**

To find out more about Primary teacher training:

**Date: Thursday 9<sup>th</sup> March**

**Time: 4.00pm – 5.00pm**

**Venue: Our Lady & St Edward's Primary School, Preston PR2 3LP**

If you are interested in either or both events, please contact the CTA office on [CTAschooldirect@olchs.lancs.sch.uk](mailto:CTAschooldirect@olchs.lancs.sch.uk) or **01772 326931** to book your place.

## **EXAM INVIGILATORS NEEDED**

As the exam season approaches, we are in need of invigilators to assist our Learning Support pupils during their exams. Full training will be given and enquires should be made to [lga@olchs.lancs.sch.uk](mailto:lga@olchs.lancs.sch.uk)

### Dates to remember

Thursday, 9 February - Paris Trip

Friday, 10 February – School closes for half-term

Tuesday, 21 February – School opens

Thursday, 23 February – Year 9 Parents' Evening

Thursday, 23 March – Year 7 Parents' Evening

Thursday, 6 April – School closes for Easter at 12.45 pm

Monday, 23 April – School opens

Wednesday, 26 April – Year 8 Normandy Trip

Friday, 9 June – Sunday 11 June – Duke of Edinburgh Bronze Practice Expedition