

Our Lady's Catholic High School



Newsletter No. 10

22nd November 2024



The Theme Next Week - Feast of Christ the King

This Sunday, we celebrate *Youth Sunday* alongside the *Feast of Christ the King*, a powerful reminder of the unique and vital role young people play in building God's kingdom. In the Gospel of John 18:33-37 read this Sunday, we see Jesus stand before Pilate and declare His kingdom is "not of this world." Jesus reminds us that true power is found not in domination but in love, truth, and service.

As we reflect on Christ as our King, we are called to follow His example of selfless leadership and to recognize how young people can be leaders in faith, hope, and love. The virtues we strive to live out at our school—**Being One of Ours**—reflect this kingdom vision:

- Faith-filled and hopeful: Young people bring vitality to our Church, reminding us to trust in God's promises and to work with hope for a better future.
- Eloquent and truthful: Like Christ standing for truth, our students speak honestly and confidently about their beliefs, shining a light in the world.
- Compassionate and loving: By showing kindness to those around them, young people reflect the heart of Christ the King, who came not to be served but to serve.
- Intentional and prophetic: Just as Christ's kingdom challenges injustice, young people inspire us to act with purpose and to work for a fairer, more loving society.

As we honour Christ as our King and celebrate the gifts of youth, let us commit to supporting young people as they live out their faith and to following their example of energy, creativity, and joy in building God's kingdom.

Being One of Ours



Let us pray ...

Christ our King,

We thank You for the gift of young people,
who reflect Your truth, hope, and love in our world.

Bless them with the courage to be intentional and prophetic,
challenging injustice and bringing Your light to dark places.

May they grow in compassion and wisdom,
serving others with joy and humility,
just as You, our King, came to serve.

Help us to be grateful for their gifts and generous in our encouragement,
attentive to their needs and faithful in our prayers.

As they grow to become learned and wise,
may they speak eloquently and live truthfully,
building a world that reflects Your kingdom of justice, love, and peace.

We ask this through Christ, our King and Saviour,
who reigns forever in glory.

Amen.

BOOO Virtues

Congratulations go to:

Year 8: Penny Robinson - generous and grateful

Year 9: George Denton - intentional and prophetic
Charlotte Dudaniec - compassionate and loving

Year 10: Wiktoria Gronostajska and Charlotte Walker - compassionate and loving

Year 11: Maya Matwiszyn - curious and active





Christmas Appeal

Our Lady's gift collection this Christmas will be for the Salvation Army, Preston Branch.

**PLEASE DONATE ITEMS BY
FRIDAY 29TH NOVEMBER**

The Salvation Army has requested NEW, UNWRAPPED gifts for children and young people aged 7 to 18 years as well as Selection Boxes and sweet treats.

These will be taken to the Salvation Army on Monday 2nd December.

All items can be left in the Chaplaincy Room in the Ikea Bags. The following is a list of suggested items to donate:

Footballs / Rugby balls / Basketballs

Barbie Dolls

Dress Up Clothes

Lego

Art Sets

Remote Control Toys

Make Up Sets

Nail Varnish Sets

Family Board Games

Jewellery

Handbags

Aftershaves / Perfumes

Mini Speakers

Socks

Books

Selection Boxes / Chocolates

Being One of Ours

SCHOLASTIC BOOK FAIR 2024!



In the LRC

Thursday 28 November to
Tuesday 3 December

The Book Fair will be open in the LRC at all breaks, lunchtimes and after school. It is a great opportunity for pupils to buy books for themselves, or as Christmas presents. A great selection of books aimed at secondary school pupils is expected this year, as well as novelty stationery items that are always very popular.

Payment at the book fair will be cash only.

Art

Keira in Year 10 produced artwork that was selected as part of a competition to feature on the front of the 2024 St Catherine's Hospice calendar.

Well done
Keira.



[CLICK
HERE](#)



DRAMA

'UNMISSABLE AND UNBEATABLE'

BILL KENWRIGHT LTD
PRESENTS

THE SPECTATOR

WILLY RUSSELL'S

BLOOD *Brothers*

**'BRINGS THE AUDIENCE CHEERING
TO ITS FEET AND ROARING APPROVAL'**

DAILY MAIL



A small group of OLCHS GCSE Drama pupils recently went to see the show Blood Brothers. The show is the set text pupils' study for their exam.

All pupils were delightful, and it was a wonderful trip. With such a small group it was lovely to have full conversations with the pupils. Even down to singing musicals and Christmas songs in the minibus.



Presentation Awards

In next week's OLCHS Newsletter read about and see the photos from the Certificate Evening celebration that took place for last year's Year 11 students in school on Thursday 21 November



SCIENCE WEEKLY CHALLENGE

If you can tell your science teacher the answers to the questions you can earn a point.

Science In The News

This week's *Science In The News* is about the 2024 Nobel Prize winners in Physics, Chemistry and Physiology / Medicine.

Each year these prizes are awarded to living scientists who are considered to have made a significant contribution to their scientific field.

Read the article about the winners of the Physiology / Medicine prize who discovered microRNA and then answer the following question:

<https://www.bbc.co.uk/news/articles/c79nrgp97x9o>

Question 1: What did they discover that microRNA does?

Read the article about the winners of the Physics prize for their work on machine learning (AI - artificial intelligence) and then answer the following question:

<https://www.bbc.co.uk/news/articles/c62r02z75jyo>

Question 2: What research has paved the way for current AI systems like ChatGPT?

Read the article about the winners of the Chemistry prize for their work on protein structures and then answer the following question:

<https://www.bbc.co.uk/news/articles/czrm0p2mxvyo>

Question 3: What is it about proteins that determines what they do?

Home Research

Question 4: Nobel prizes are named after who and what did this person invent?

Celebrating 10 Years



CATHOLIC
TEACHING
ALLIANCE

Exciting Opportunity
Train to Teach in Local Schools

Recruiting now for September 2025 start

The Catholic Teaching Alliance is based at Our Lady's Catholic High School.

Minimum requirements for our teacher training courses are GCSEs in Maths and English (and Science for primary), plus an honours degree, class 2:2 or above.

Teacher training (PGCE with QTS) is available in all phases:

- Early Primary (3-7 years)
- General Primary (5-11 years)
- Secondary (11-16 years)
- Secondary with post 16 (14-19 years)

Train locally in Preston, Blackburn, Blackpool or the Fylde coast.

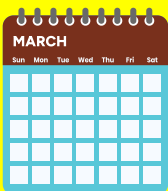
How To Contact Us

Please contact us for further information, or to book onto one of our online information sessions.

Call 01772 326931

Email CTAPGCE@olchs.lancs.sch.uk

Website: Catholic Teaching Alliance



**2024 Dates for
your Diary**

Monday 25 November
DoE Awards Evening

Wednesday 27 November
Year 11 Mock Examinations begin

28 & 29 November
Book Fair in the LRC

OLCHS SOCIAL MEDIA





BASKETBALL

LANCASHIRE SCHOOLS' CUP

U14

The U14 basketball teams began their Lancashire Schools' cup competition in a fixture against themselves on Thursday 14th November. The A squad and B squad have been put in the same qualification group and so faced off in their first game of the group. The A squad were victorious with a final score of 33-22. Sam W was top scorer with 12 points for the A squad while Dane L and Bobby P added 6 points each for the B squad. Both squads will now face Darwen Vale, Longridge and Corpus Christi high schools in their remaining group games.



U16

The U16 basketball team made a successful start to their Lancashire Cup campaign with a 24-11 victory over Corpus Christi Catholic High School on Friday 15th November. Top scorer for the game was Daniel H who provided 10 points while Thomas W created many scoring chances himself, acting as an excellent point guard while working extremely hard in defence. Other members of the winning team included Finlay M, Lincoln S, George H, Charlie W, Archie L, Dorrell S and Lucas M. They now look forward to their remaining fixtures in their group against Archbishop Temple, Longridge High School and Clitheroe.



NETBALL

YEAR 7

Year 7 and Year 8 netball teams participated in their first league game of the netball season away at Corpus Christi last Wednesday. Year 7 were first on court. They were a little nervous to start, but settled quickly and soon got into their stride. Fearne B and Coco were extremely strong in defence, making it hard for the opposition shooters to have the opportunity to get a shot on goal. Eden P used her speed and agility well to bring the ball down court at Centre. Amelia S and Isabel W shot consistently to give us a substantial lead by half time. We continued to build on this in the second half and won 10-5. Player of the match was awarded to Coco. She used her height and power to make several key interceptions throughout the game.

YEAR 8

Next on court were Year 8. They were quick off the mark, scoring several early goals to unnerve their opponents. Lois W scored several long-range shots and Chiamaka E used her height and speed well to put pressure on the Corpus Christi Goal Attack. By half time we had established a 9-0 lead over our opposition. However, the team did not take this lead for granted and continued to pull away in the second half, only allowing Corpus Christi to score one goal in the whole 30-minute match. The final score was 13-1 to Our Lady's. Player of the match went to Olivia F, who made her match debut at Goal Defence.



Sporting News

NETBALL

YEAR 9

On Monday, Year 9 and Year 10 continued their Preston Schools' netball season at home to Longridge, who are always close competitors. Year 9 worked hard for a convincing 12-6 win.

YEAR 10

The Year 10 match was end to end, with neither team being able to establish a substantial lead. Unfortunately, time was not on our side, and despite our best efforts, we lost 17-16.

U16

FOOTBALL

Well done to the U16 girls football team who beat Parklands High School 2-0 in the 3rd round of the Lancashire Cup. Goals came from Molly H in Year 11 and Georgia C in Year 10. The team played some outstanding football. On we march into the next round.

Well done girls.



BAE SYSTEMS

Year 10
&
Year 11

Is your child interested in a career at BAE and in Year 10 or Year 11. Mrs Lin has organised a visit to their Salmesbury site in mid-January 2025.

If your child is interested, please ask your child to please email Mrs Lin.

PRESTON
COLLEGE

A huge thank you to Preston College who visited Our Lady's at lunchtime on Tuesday to support Year 11 pupils with their applications.

Pupils found the session a valuable opportunity to ask questions and talk about deadline dates.



Being One of Ours